



NARAYANA COLLEGE OF NURSING



Chinthareddypalem, Nellore.



WORLD HAND WASHING DAY - 2022

Theme: "Unite for Universal Hand Hygiene"



NSS UNIT

Date: 15. Oct. 2022 || Time: 12:00 pm - 01:00 pm || Venue: II Floor Smart Class Room, NCN.



REPORT ON WORLD HAND WASHING DAY – 2022

Theme: Unite for Universal Hand Hygiene

Name of activity organized	Global hand washing
Title of the activity	Global hand washing day programme
Date of the activity organized	October 15th 2022
Place of the activity	Narayana college of nursing
Name of the coordinator of activity	K.Madhavi latha
No. of participants	98
Objective of the activity	Global hand washing day
Outcome of the activity	Unite for Universal Hand Hygiene

Global Hand washing Day is a yearly reminder that hand washing with soap and water is one of the best steps; we can take to avoid getting sick and spreading germs to others. This year's theme, "Unite for Universal Hand Hygiene," calls for coordinated action as we actively work toward universal hand hygiene. The aim of this day is to increase awareness and understanding about the importance of hand washing with soap and water as an effective and affordable way to prevent diseases and save lives. The majority of germs that cause serious infections in humans are transmitted by people's actions. Several studies have indicated that healthcare providers clean their hands less than half of the time they should. This causes the transmission of healthcare-associated infections among hospitalized patients. Common pathogens found on the



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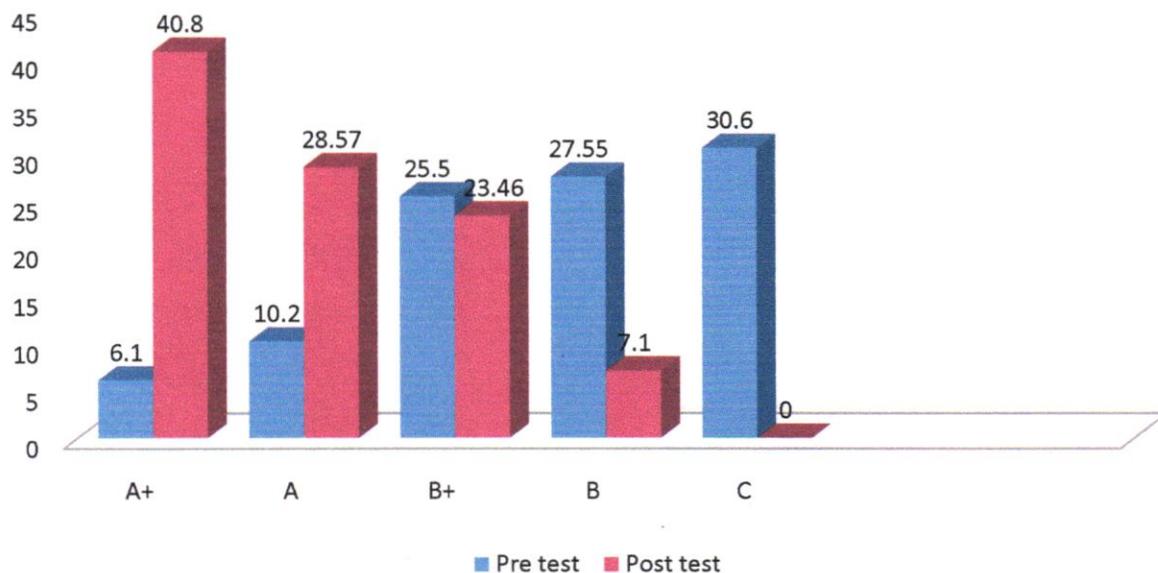
hands of healthcare providers, such as MRSA, VRE, Clostridium difficile, can survive for more than 150 hours. In the current corona virus disease 2019 (COVID-19) pandemic shows, the importance of hand washing has been recognized across the globe.

Narayana College of Nursing NSS unit had initiated to celebrate the event. Dr. Indira A, Principal Narayana college of Nursing, Dr.V. Kumari vice principal(Academic) , Prof.B.Vanaja kumari, vice principal , HOD of Community nursing, Prof. A. Latha IQAC co-coordinator, HOD of Medical surgical nursing, Mrs. Vanaja kumari, and all other HODs and faculties were participated in the program. Program started at 12pm with a prayer song, continued with welcome song and welcome address. Then the program was initiated with lamp lighting by the dignitaries. Pre test was conducted to the participants about hand washing practices.

Dr. Indira. A Principal enriched the student's knowledge by explaining the importance of hand hygiene. The program forwarded by a power point presentation by K. Madhavi latha NSS program officer. She explained definition of hand washing, benefits, types of hand washing, steps of hand wash and rub, duration of hand washing, and rub, movements of hand hygiene, non compliance of hand washing and impact of not practicing hand hygiene in health care setting. Total 98 students were participated and they actively involved in the program. Post test was conducted and then the program extended with vote of thanks and national anthem.



Fig:1 Percentage distribution of Knowledge levels on Hand hygiene



Out of total 98 participants , the pre test knowledge scores were, A+ grade 6(6.1 %), A grade 10(10.2%), B+ grade 25(25.5%), B grade 27(27.55%), C grade 30(30.6%). But in the post test the knowledge level scores were improved as A+ grade 40 (40.8%), A grade 28 (28.5%), B+ grade 23(23.46%), B grade 7(7.1%) and there was no participants in C grade. This result reveals that the Global hand washing awareness program was effective.



Fig 2: Faculty were starting the program with lamp lighting



Fig 3 : Presentation on hand hygiene practices



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Fig 4: Demonstration of hand rub

K. Madhavi Latha

NSS PROGRAM OFFICER

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