



## EXTRAMURAL ACTIVITIES (BEYOND THE CLASSROOM) ACTIVITIES

1. **Sports and Athletics**
  - Track and field
  - Team sports (basketball, football, volleyball, etc.)
  - Martial arts and self-defence classes
2. **Cultural and Arts Activities**
  - Dance and music clubs
  - Visual arts (painting, drawing, sculpture)
  - Photography club
3. **Community Service and Volunteering**
  - Environmental clean-up drives
  - Tutoring and mentorship programs
  - Health awareness camps
  - Social welfare activities (orphanage visits, elderly care)
4. **Debate and Public Speaking**
  - Debate clubs and competitions
  - Public speaking workshops
  - Elocution and poetry recitation contests
5. **Literary Activities**
  - Book clubs and reading sessions
  - Creative writing and poetry workshops
  - Essay and short story competitions
  - Newsletter and magazine editing
6. **Scientific and Research Activities**
  - Science fairs and exhibitions
  - Research projects and field studies
7. **Environmental and Nature Programs**
  - Nature walks and bird watching
  - Eco-awareness campaigns
  - Gardening and tree planting activities
  - Sustainable living workshops
8. **Student Governance and Leadership**
  - Student council and committees
  - Leadership workshops
  - Organizing events and cultural fests
  - Peer mentoring programs
9. **Skill Development and Workshops**
  - Career guidance and counseling sessions
  - Entrepreneurship workshops
  - Life skills and personal development programs
  - Financial literacy and investment clubs
10. **Field Trips and Educational Tours**
  - Industrial and organizational visits
  - Museum and heritage site tours
  - Agricultural field trips

*D. B. Arany*  
Principal



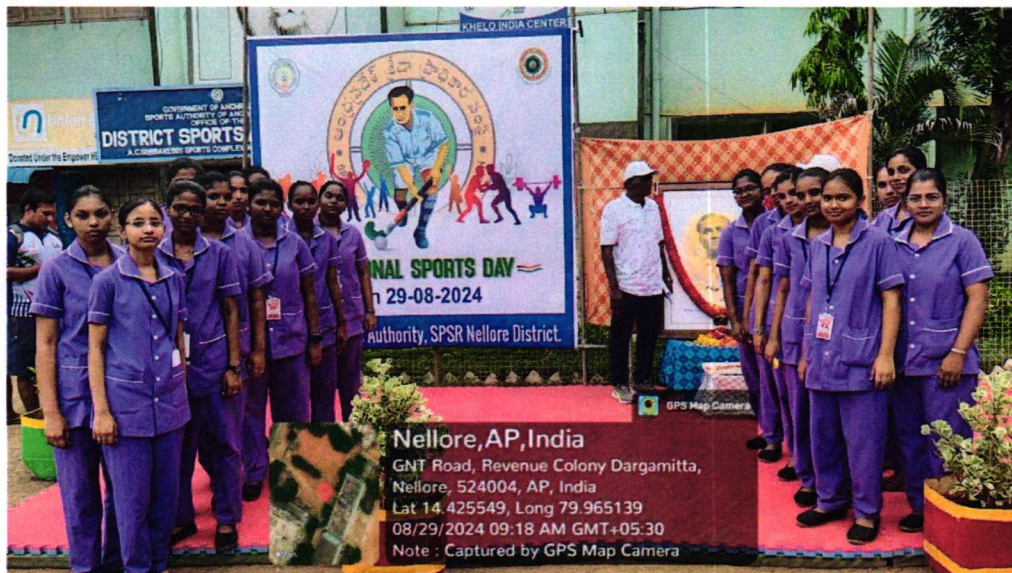
- Science and technology center visits

## 11. Health and Wellness Programs

- Yoga and meditation sessions
- Nutritional awareness programs
- Mental health workshops
- Physical fitness programs

## 12. Technology and Innovation

- Virtual reality and gaming clubs
- Tech competitions (hackathons, design challenges)



*Dr. Chintamani*  
Principal

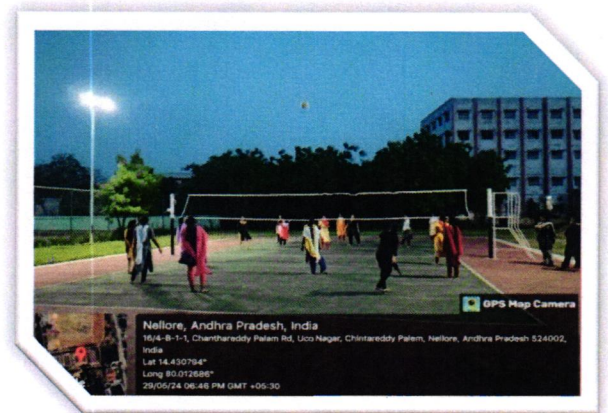


## EXTRAMURAL ACTIVITIES (BEYOND THE CLASSROOM) ACTIVITIES

### I-Sports and Athletics

Narayana College of Nursing organized an engaging sports and athletics event, fostering teamwork, resilience, and physical fitness among students. Participants from various classes competed in track events, such as sprints and relays, alongside team sports including basketball, volleyball, and football. The event encouraged healthy competition and camaraderie, with both students and faculty enthusiastically supporting their teams. Outdoor activities like tug-of-war and obstacle races added excitement, and martial arts demonstrations highlighted the importance of self-defense. This initiative by the college

emphasized the value of physical well-being alongside academic achievement, creating an atmosphere of energy, unity.



### VOLLEY BALL

*Dr. B. Srinivas*  
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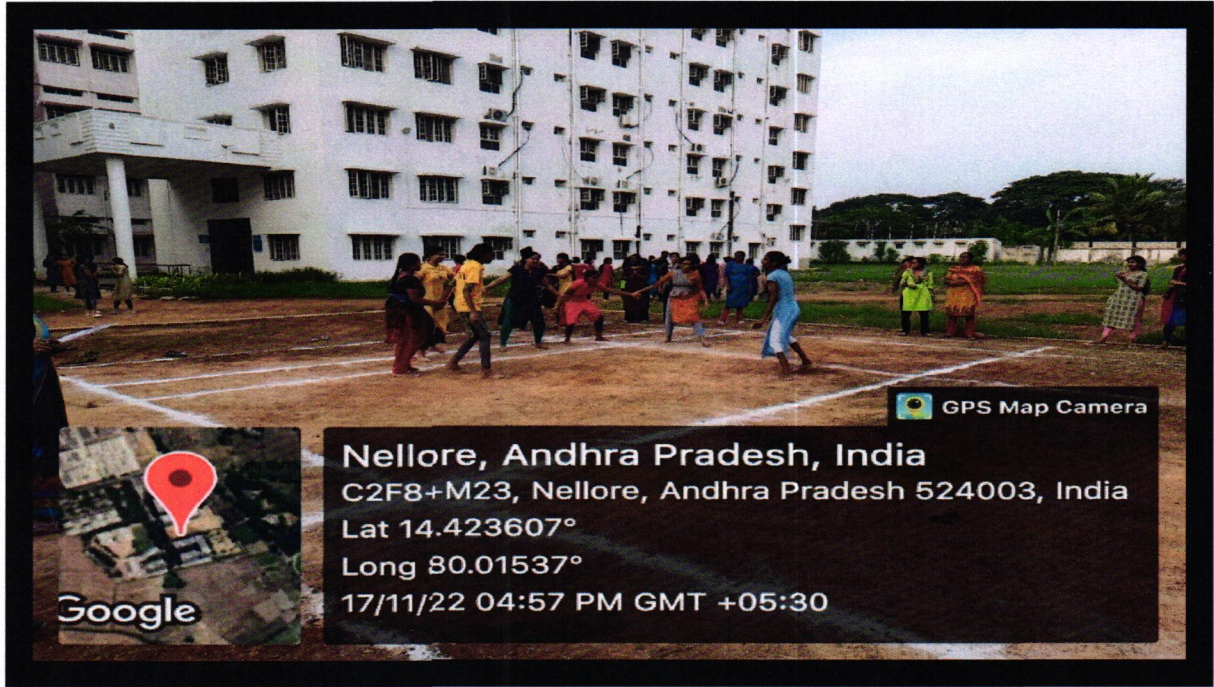
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## KABHADI



## LEMON AND SPOON

*Dr. B. Chamy*  
Principal  
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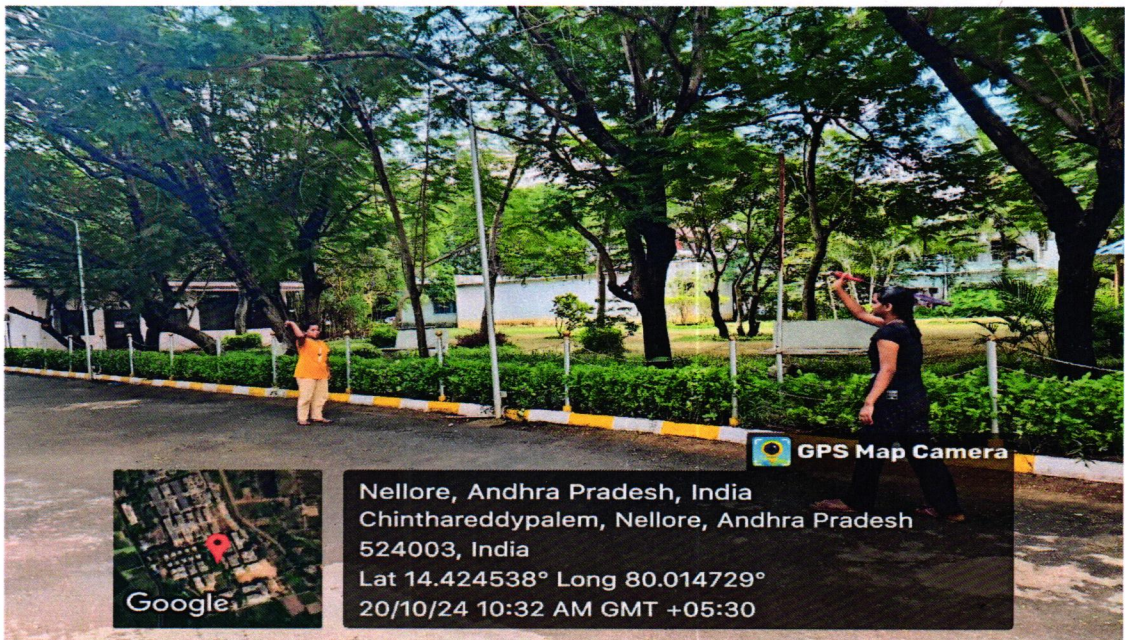
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## BATMITON



## CARROMS



*Principal*  
Principal  
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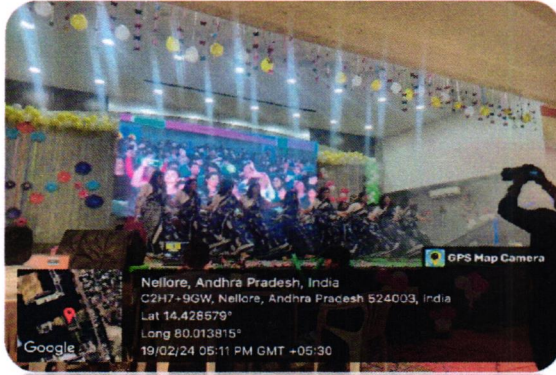
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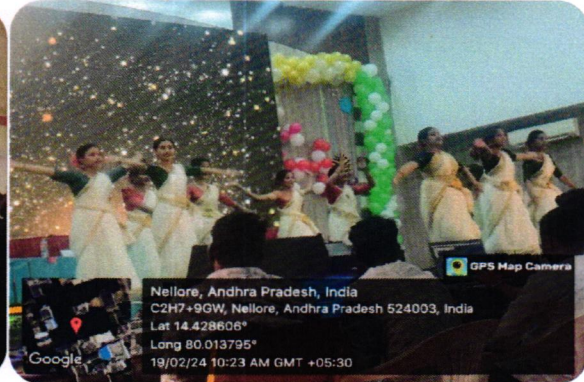


## 2. Cultural and Arts Activities

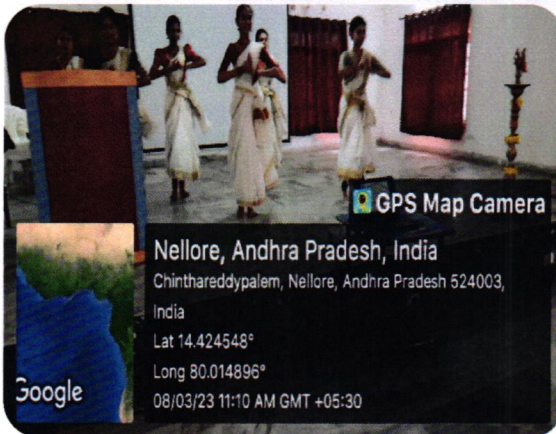
### GROUP DANCE



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C2H7+9GW, Nellore, Andhra Pradesh 524003, India  
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Long 80.013815°  
19/02/24 05:11 PM GMT +05:30



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C2H7+9GW, Nellore, Andhra Pradesh 524003, India  
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Long 80.013795°  
19/02/24 10:23 AM GMT +05:30



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Chinthareddypalem, Nellore, Andhra Pradesh 524003,  
India  
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Long 80.014896°  
08/03/23 11:10 AM GMT +05:30



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Chinthareddypalem, Nellore, Andhra Pradesh 524003, India  
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Long 80.014851°  
15/08/22 11:47 AM



Nellore, Andhra Pradesh, India  
C2F8+M23, Nellore, Andhra Pradesh 524003, India  
Lat 14.424346°  
Long 80.01473°  
15/08/22 12:13 PM

*Dr. B. Anuraj*  
Principal

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School Health Program-2022



School Health Program-2022

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## Hand hygiene awareness



## Immunization-2022

*Dr. B. Anny*  
 Principal  
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GPS Map Camera

Thotapalli Gudur, Andhra Pradesh, India

93QM+PFW, Thotapalli Gudur, T.P.Gudur Bit-I, Andhra Pradesh 524311, India

Lat 14.389373°

Long 80.083658°

07/08/2023 10:56 AM GMT +05:30

Google

### Breast feeding week-2023



GPS Map Camera

Thotapalli Gudur, Andhra Pradesh, India

93QM+QC8, Bank Rd, Thotapalli Gudur, T.P.Gudur Bit-I, Andhra Pradesh 524311, India

Lat 14.389403°

Long 80.083616°

07/09/2023 10:26 AM GMT +05:30

Google

### Mass awareness on Nutrition

*Dr. B. Anjani*  
Principal

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## Adolescent Nutrition



## Health And wellness assessment

*D.V. Chinnay*  
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GPS Map Camera

Venkatachalam, Andhra Pradesh, India

8WFC+9P3, Service Rd, Venkatachalam, Kanupuru Bit - I, Andhra Pradesh 524320, India

Lat 14.32344°

Long 79.921686°

09/09/2023 10:00 AM GMT +05:30

Google



GPS Map Camera

Venkatachalam, Andhra Pradesh, India

8WFC+CJ2, Venkatachalam, Kanupuru Bit - I, Andhra Pradesh 524320, India

Lat 14.323414°

Long 79.921603°

09/09/2023 10:05 AM GMT +05:30

Google

Suicide prevention awareness rally

*Dr. B. Chandy*  
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Mental Health awareness –rally



Mental Health

*D.B. Arj.*  
Principal

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**Diabetic Awareness in 2021**



**Diabetic Diet**

*Dr. B. Anjali*  
Principal

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## Swachhata Hi Seva-2024

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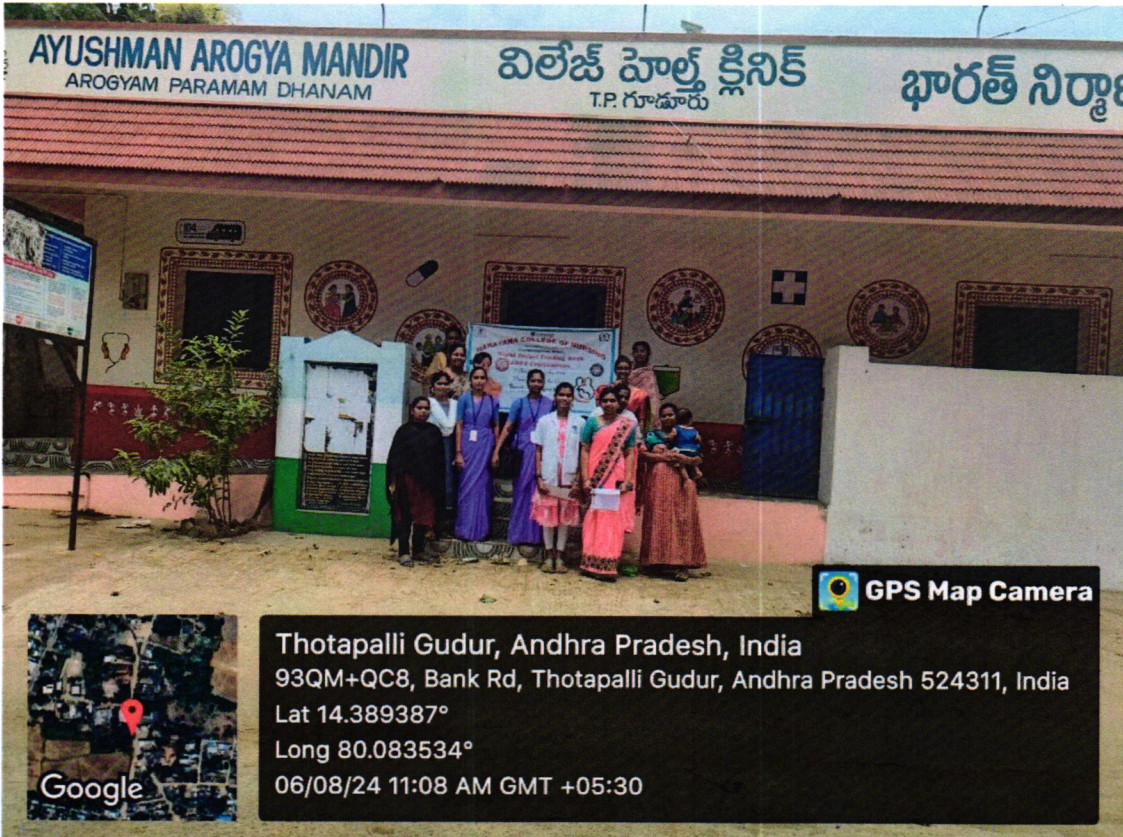
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Justice for victims rally



Breast week celebration-2024

Dr. B. Anuraj  
Principal

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## Hypertension awareness

*Dr. Babany*  
Principal

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## DECLARATION BY THE PRINCIPAL

This is to certify that the following international and national commemorative days were celebrated in the institution.

### INTERNATIONAL COMMEMORATIVE DAYS

1. International Women's Day
2. World Cancer Day
3. World Kidney Day
4. World Health Day
5. World Diabetes Day
6. World COPD Day
7. World Aids Day
8. World Environment Day
9. World Population Day
10. World Anti-Raging Day
11. World Palliative Care Day
12. World Alzheimer's Day
13. World Cancer Day
14. World Heart Day
15. World Mental Health Day
16. World Stroke Day
17. World Tuberculosis Day
18. World Tobacco Day
19. International Nurse's Day
20. World Blood Donors Day

### NATIONAL COMMEMORATIVE DAYS

1. National Youth Day
2. National Epilepsy Day
3. National Yoga Day

*Dy B. Anuj*  
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## PULSE POLIO PROGRAM ON

04.03.2024

On 4th March 2024, Narayana College of Nursing, under the National Service Scheme (NSS), conducted a Pulse Polio Program. The event aimed to raise awareness about polio vaccination and contribute to the national effort to eradicate the disease.



*Dy B. Anuj*  
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## WORLD TUBERCULOSIS DAY ON

24.03.2024

The World Tuberculosis Day event organized by nursing students commenced with a vibrant rally through the streets of the community. Participants, including nursing students, faculty members, local healthcare professionals, and community members, gathered early in the morning to kick-start the event. The rally was marked by enthusiastic chants, placards, and banners carrying messages about TB awareness and prevention.



Thotapalli Gudur, Andhra Pradesh, India  
93QM+QCB, Bank Rd, Thotapalli Gudur, Andhra Pradesh 524311, India  
Lat 14.389455°  
Long 80.083623°  
23/03/24 10:08 AM GMT +05:30



Thotapalli Gudur, Andhra Pradesh, India  
93QM+QCB, Bank Rd, Thotapalli Gudur, Andhra Pradesh 524311, India  
Lat 14.389424°  
Long 80.083473°  
23/03/24 10:51 AM GMT +05:30

Dr. B. Anny  
Principal

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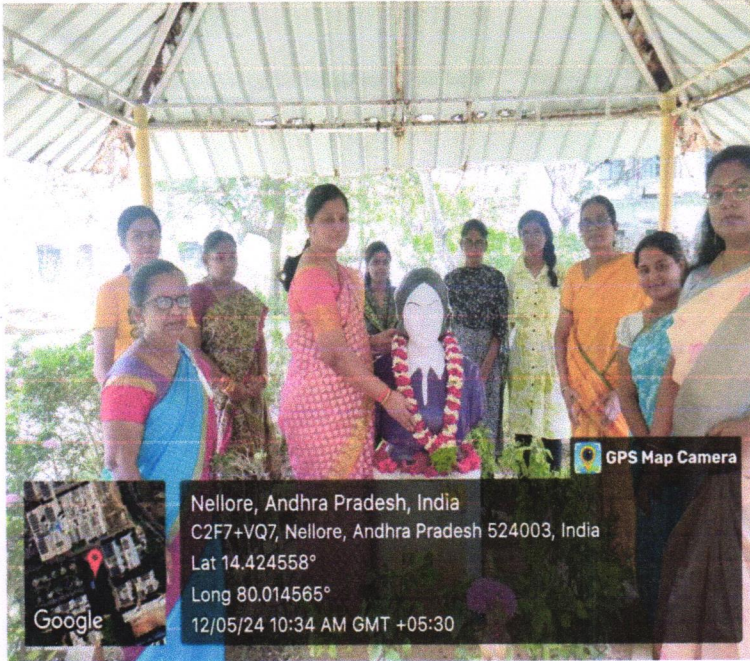
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## INTERNATIONAL NURSE'S DAY ON 12.05.2024

International Nurse's Day, observed on 12th May 2024, celebrated the vital contributions of nurses to healthcare systems worldwide, highlighting their dedication, compassion, and resilience. The day emphasized the importance of supporting and empowering nursing professionals to enhance patient care and improve health outcomes globally.

*Dr. B. Anji*  
Principal

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## BLOOD DONORS DAY ON 14.06.2024

On Blood Donation Day, Narayana College of Nursing organized a blood donation camp to encourage voluntary blood donations. The event aimed to raise awareness about the importance of donating blood to save lives and support healthcare needs.

*Dr. B. Anuj*  
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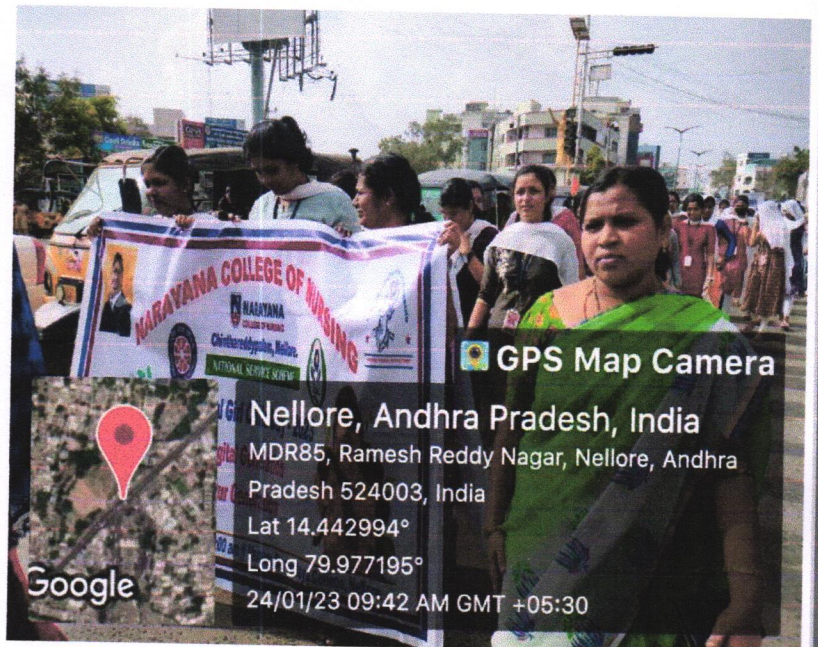
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## NATIONAL YOUTH DAY ON 11<sup>th</sup>-12<sup>th</sup>, JANUARY, 2023

The event began with the display of the NSS theme song, setting the tone for the celebration. The youth festival was conducted online via Cisco Webex, engaging participants in various activities. Winners were announced for different competitions, showcasing their talents and contributions. The event concluded with an inspiring message to motivate the youth toward national development and social service.



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## NATIONAL GIRL CHILD DAY 24.01.2023

National Girl Child Day, observed on 24th January 2023, aimed to promote awareness of the rights, education, and health of girls in India. The day emphasized the importance of gender equality and the empowerment of the girl child for a brighter future.



## RALLY ON GIRL CHILD DAY

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## MARCH PAST BY NSS STUDENT



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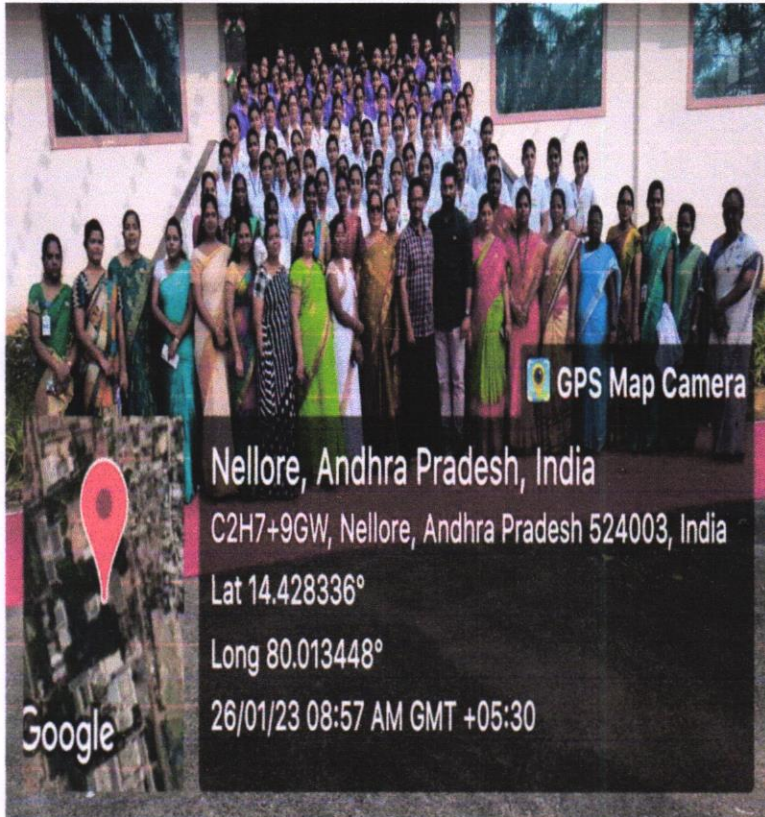
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## REPUBLIC DAY ON 26.01.2023

Republic Day, celebrated on 26th January 2023, commemorated the adoption of the Indian Constitution and the transition of India into a sovereign republic. The day featured a grand parade showcasing India's cultural diversity and military prowess, fostering national pride and unity among citizens.

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## WORLD CANCER DAY ON 04.02.2023

World Cancer Day, observed on 4th February 2023, aimed to raise awareness about cancer prevention, detection, and treatment. The campaign emphasized the importance of education, early diagnosis, and access to care in the global fight against cancer, fostering a united approach to reducing its impact on individuals and communities.



*Dr. B. Phani*  
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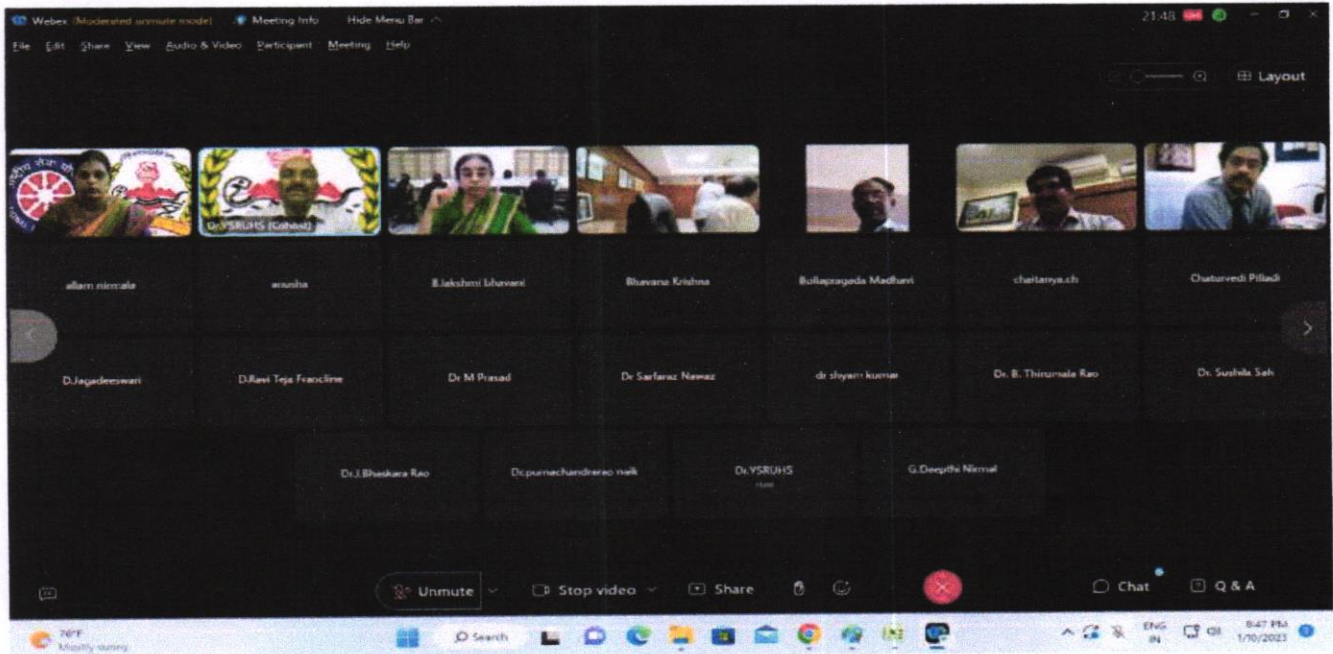
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## STARTING THE YOUTH FESTIVAL ONLINE CISCO -WEBEX









**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem, Nellore.


**UNIVERSITY LEVEL NSS YOUTH FESTIVAL**  
11, 12 - JANUARY - 2023

**LIST OF WINNERS**


**Group Folk Dance - First Prize**

 Ms. Roni Raj	 Ms. Akza Varghese	 Ms. Nayana Rajeeve	 Ms. Dona Mariya	 Ms. Boncey B	 Ms. Annu Abraham
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**Classical Dance Solo - First Prize**

  
Ms. Devika Binu

**Mimicry - First Prize**

  
Ms. Adithya Lakshmi

**Rangoli - Second Prize**

  
Ms. Priyanka Johny

*Dr. B. Anuj*  
Principal

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# FESTIVALS

*DY. B. S. Rami*  
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## SANKRANTHI



## DASARA CELEBRATIONS:



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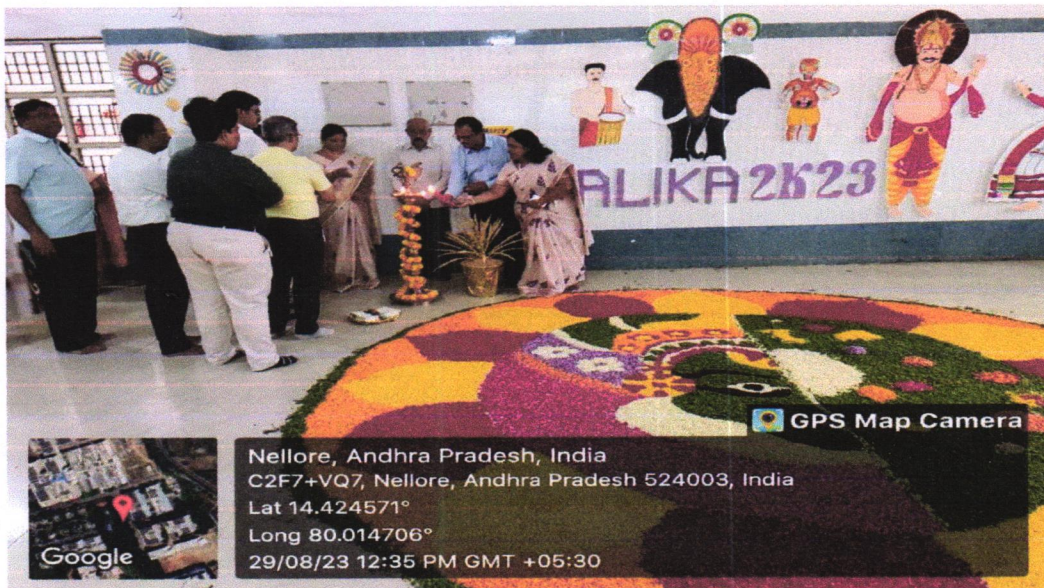
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**ONAM 29.08.2023**



*D.V. Reddy*  
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# NARAYANA COLLEGE OF NURSING

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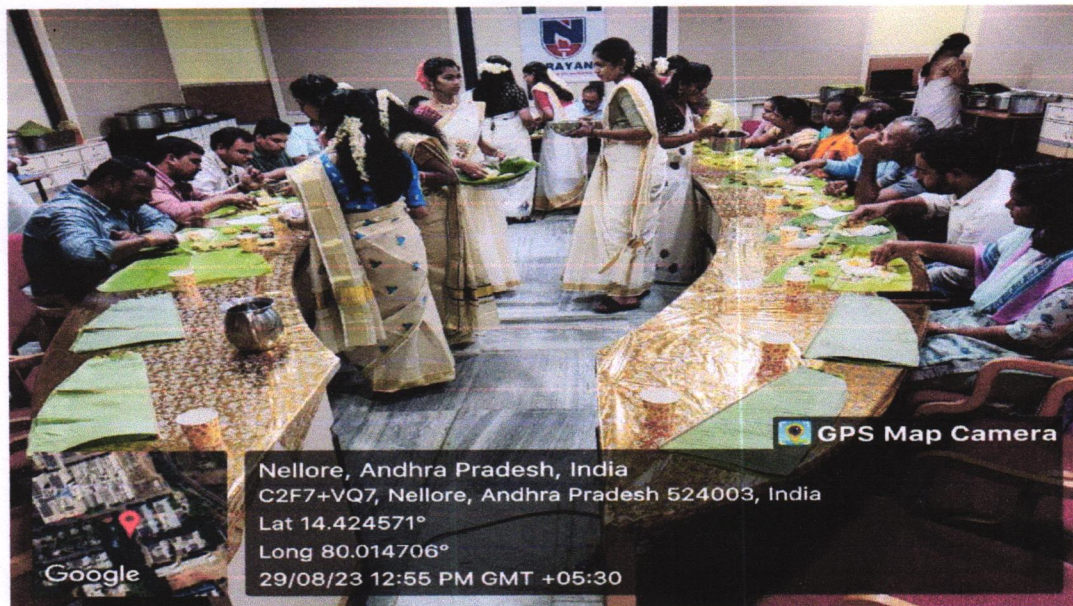
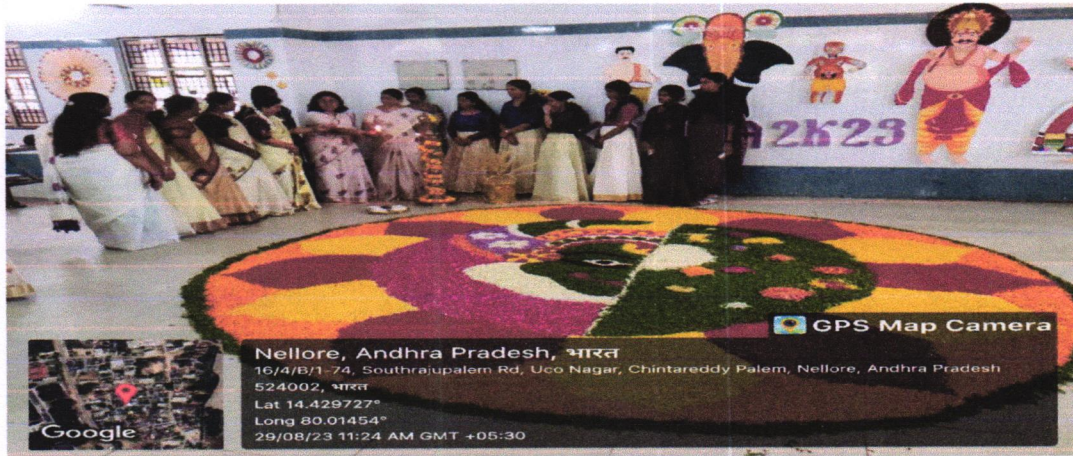
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## ONAM



*Dr. B. S. Srinivas*  
Principal

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**CHRISTMAS 25.12.2023**

**NARAYANA COLLEGE OF NURSING**  
Accredited by IAO  
Chinthareddypalem, Nellore.

**MERRY Christmas**

May your family be functional and all your batteries be included.  
Have a merry and joyful holiday!

**Date: 25.Dec.2023 || Venue: Ground Floor, NCON.**

*Dr. S. Anu*  
Principal

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