



Chinthareddypalem, Nellore - 524003. A.P.
Ph No: 0861-2317969 | Fax: 0861-2311968.
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website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in

SOFT SKILL DEVELOPMENT REPORT ON "LEADERSHIP STYLES"

Narayana college of nursing, chinthareddypalem, Nellore had conducted program on **LEADERSHIP STYLES** with objectives to build skills and confidence among students on 20-01-2022 to 7-2-2022, 2nd floor smart class room. a total of 138 students were participated in the program .Theprogram begun with prayer song by 4th year B.Sc Nursing and followed by the welcome song .The auspicious Lamp lighting ceremony was done by Dr.A.Indira, Nursing Dean and other Dignitaries. Asso. Prof.T. Usha Kiran delivered the welcome address. The nursing Dean gave the overall description on the **LEADERSHIP STYLES** in her inaugural address.

Mrs, Subhashini .,highlighted the leadership qualities, principles, styles to become a good resilient leader in society. She oriented about a student leader must participate in cocurricular activities.

she discussed regarding the leadership styles, management system, paths, and goals

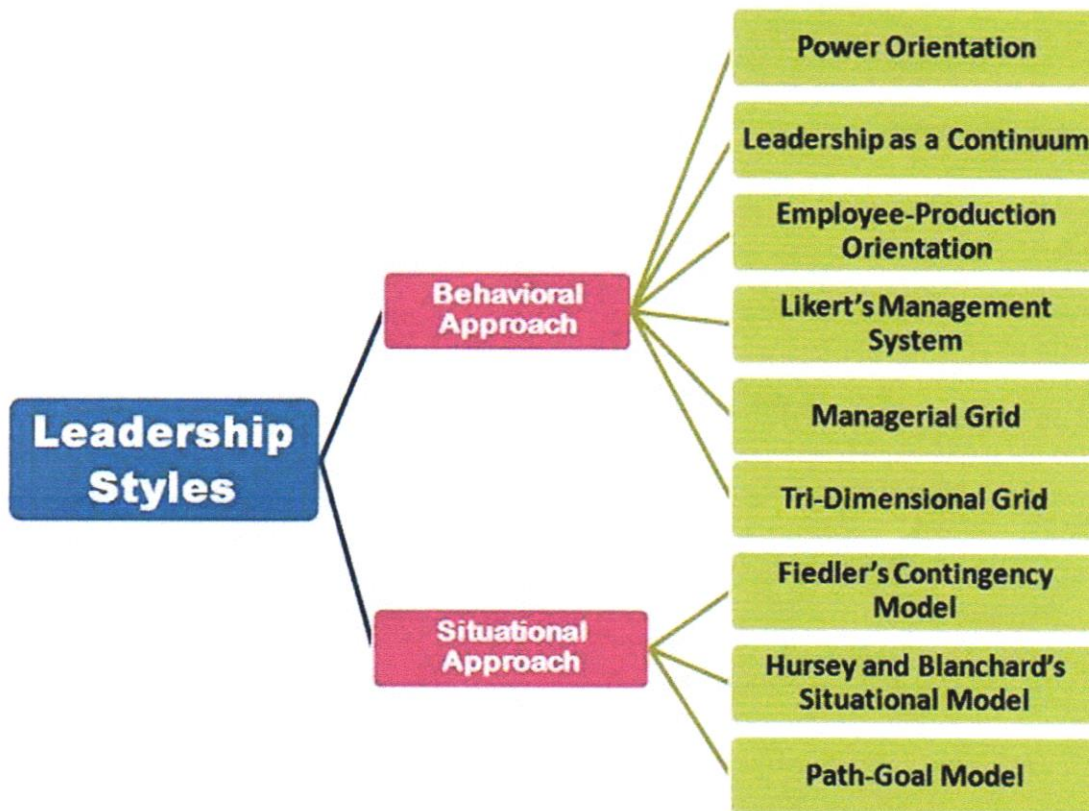
B. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Indira
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



She rightly mentioned the developments in almost all the areas of the leadership activities.

Participants were encouraged to take active part in the discussion and Queries were cleared by the Expert. the **Feedback** was also duly collected for evaluation. Prof., A. Viji, proposed the vote of thanks and the program concluded with the **National Anthem**.

B. Anuj

Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Indu

Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Table 1: data analysis of feedback of participants on leadership styles

| Criteria | Extremely satisfied | Satisfied | Neutral | Dissatisfied | Highly satisfied |
|-------------------------------|---------------------|-----------|---------|--------------|------------------|
| | 5 | 4 | 3 | 2 | 1 |
| Aim of the programme | 97 | 18 | | | |
| Adequacy of information | 100 | 12 | | | |
| Gained leadership skills | 120 | 6 | | | |
| Overall knowledge | 100 | 15 | 2 | | |
| Interaction with participants | 98 | 18 | 5 | | |

B. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

A. J. Indira
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



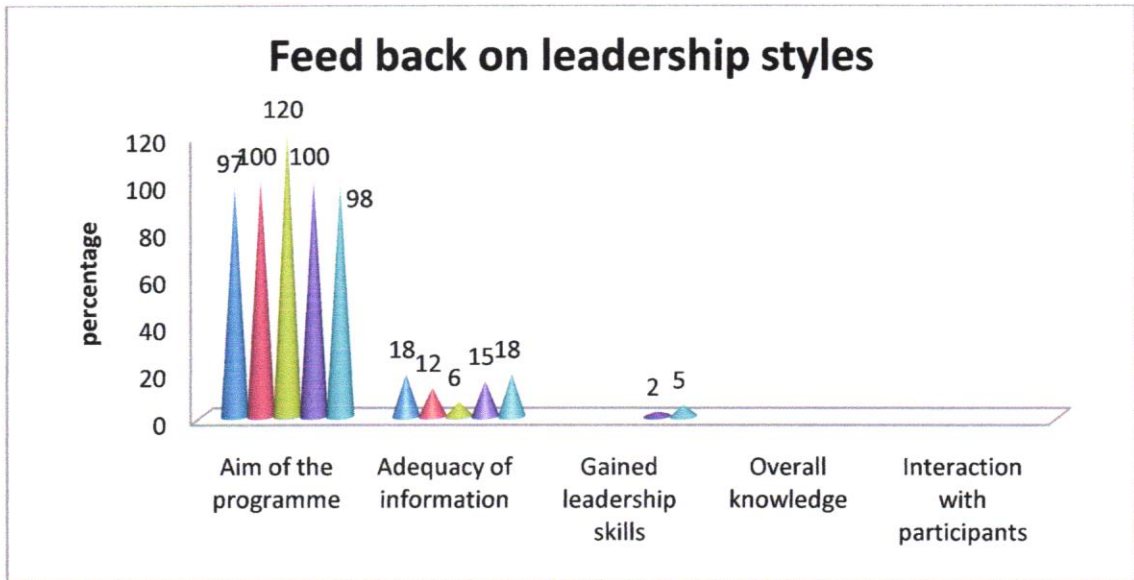




Figure:1 component wise feedback on leadership styles

Table 2: data analysis of feedback of participants on leadership styles

| Criteria | Percentage |
|---------------------|------------|
| Extremely satisfied | 85 |
| satisfied | 10 |
| Neutral | 5 |
| Dissatisfied | 0 |
| Highly satisfied | 0 |
| TOTAL | 100 |


 Principal
 NARAYANA COLLEGE OF NURSING
 Chinthareddypalem,
 NELLORE - 524 003




 Principal
 NARAYANA COLLEGE OF NURSING
 Chinthareddypalem,
 NELLORE - 524 003

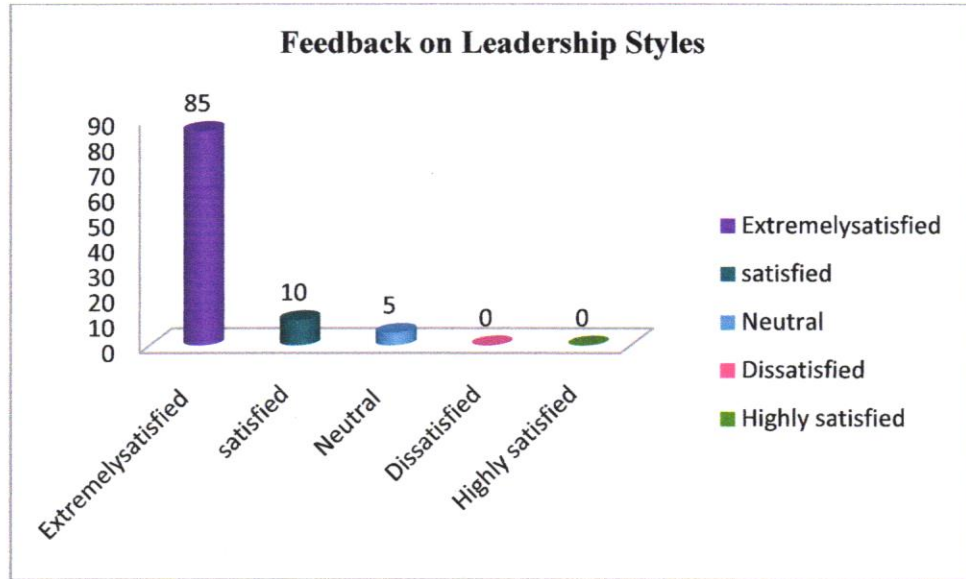


Figure 2: feed back on leadership styles



Speaker's interaction with the students

B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Indu
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



Speaker's interaction with students

Signature of the Program Organizer

B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Indu
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

The capability enhancement program on "language and communication skill" was conducted from 01.12.2021 to 28.12.2021 between 5pm-6pm. Organized by IQAC. The program started with prayer song followed by Welcome song. Lamp lighting was done by Dr. Indira.A, Principal, Narayana College of Nursing and H.O.D of all the departments. Pretest questionnaires were given participants before starting the session. Mrs. T. Ushakiran, Professor, Narayana College of Nursing delivered the welcome address.

Pretest was conducted to all students 125 who attended the course. After that, session was started by Mrs. V. subhashini M.sc(N), Asso. Prof medical surgical nursing Resource person of the programme. She introduced the topic to the students on first day. she explained Effective communication and know your grammar. The classes were conducted on Tuesdays, Wednesdays, Thursdays and Fridays. No classes were conducted on Saturdays, Sundays, Mondays and on Public Holidays.

Mrs. V. subhashini, summarized the whole topic and involved the audience too in bringing up their view points during the discussion. Post test was conducted followed by vote of thanks given by Mrs. P. Shanmugavadivu, Professor and the program ended with National anthem.



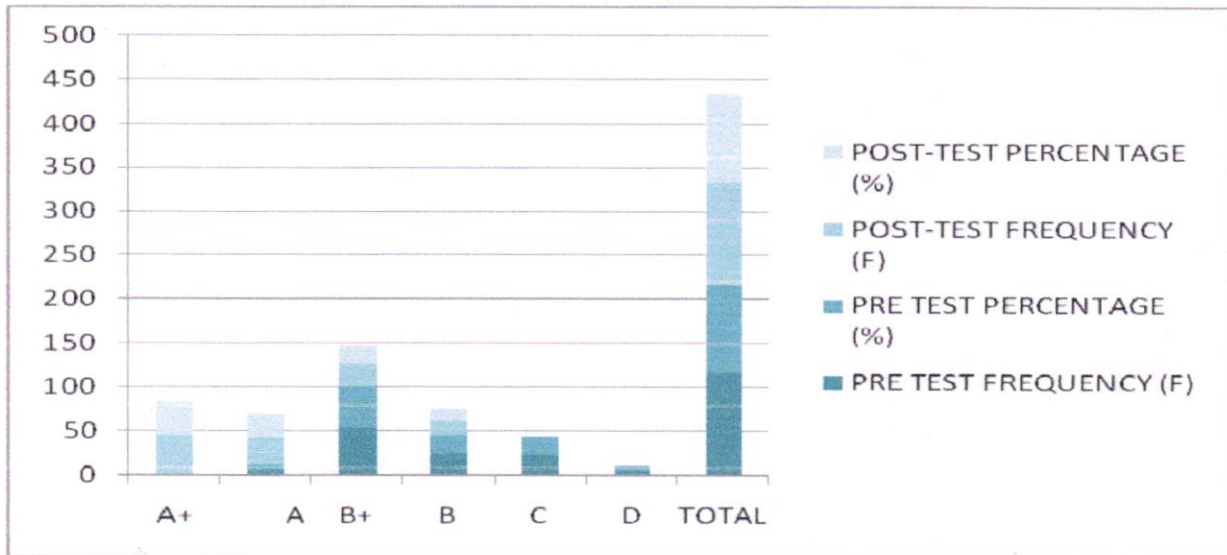
A. Sree
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

B. Anji
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Table: 1 Frequency and Percentage Distribution of knowledge in Pretest and Posttest.

N=125

| GRADE | PRE TEST | | POST-TEST | |
|-------|-----------|------------|-----------|------------|
| | FREQUENCY | PERCENTAGE | FREQUENCY | PERCENTAGE |
| | (F) | (%) | (F) | (%) |
| A+ | 0 | 0 | 46 | 37 |
| A | 7 | 6 | 30 | 24 |
| B+ | 60 | 48 | 30 | 24 |
| B | 25 | 20 | 19 | 15 |
| C | 24 | 19 | 0 | 0 |
| D | 9 | 7 | 0 | 0 |
| TOTAL | 125 | 100 | 125 | 100 |



S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

FIG:1 PERCENTAGE DISTRIBUTION ON HUMAN VALUE DEVELOPMENT

Table no: 2: Frequency and percentage distribution of feedback analysis among participants N=125

| DESCRIPTION | PARTICIPANTS | |
|-------------|---------------|----------------|
| | FREQUENCY (F) | PERCENTAGE (%) |
| EXCELLENT | 50 | 40 |
| VERY GOOD | 50 | 40 |
| GOOD | 25 | 20 |
| AVERAGE | 0 | 0 |
| POOR | 0 | 0 |
| TOTAL | 125 | 100 |

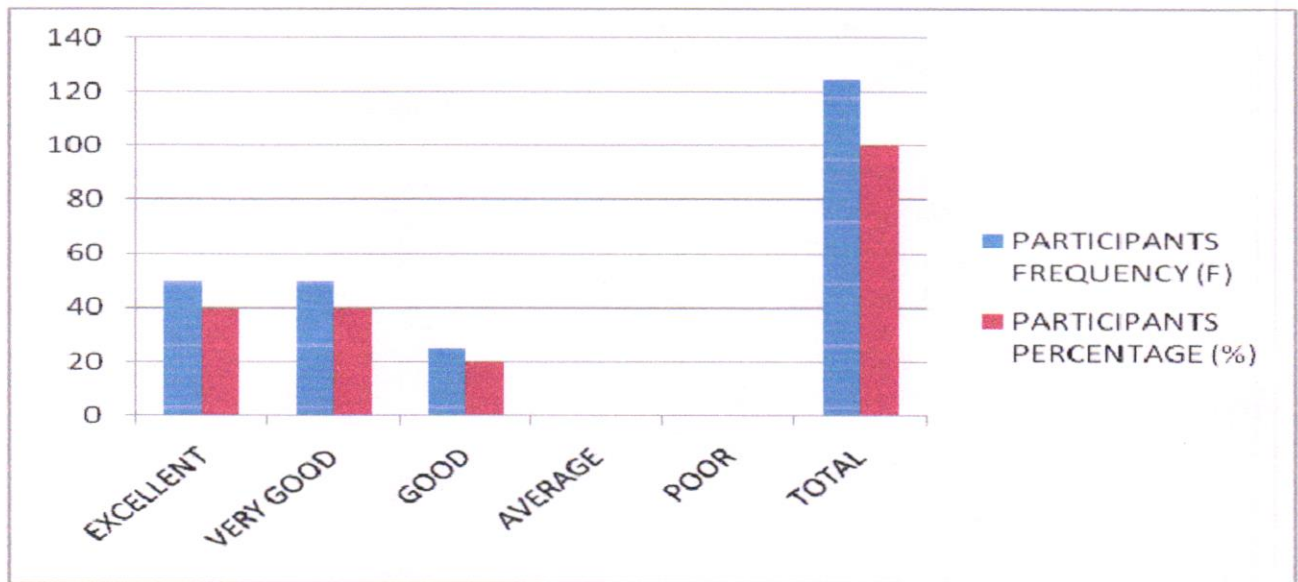


FIG no. 2: Percentage distribution of feedback analysis among participants



LA - 9
PRINCIPAL

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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CAPABILITY ENHANCEMENT PROGRAMME REPORT ON YOGA AND WELLNESS

As a part of Capability Enhancement and development scheme employed by the institution, the program on "Yoga and Wellness" was conducted from 01.06.2021 to 25.06.2021 between 6am-7am Organized by IQAC. On 01.06.2021, the program started with Inaugural Function. Programme started with prayer song followed by Welcome song by IV year B.Sc students. Lamp lighting was done by Dr. Indira.A, Principal, Narayana College of Nursing, and H.O.D of all the departments. Pretest questionnaires were given participants before starting the session. Dr. Rajeswari.H, Vice-Principal, Narayana College of Nursing delivered the welcome address.

Pretest was conducted to all 137 students who attended the session on first day. After that, session was started by Mrs. B. Vanajakumari, Resource person of the programme. She introduced the topic to the students. From next day, she explained the history of yoga and its evolution in India. On the following day, she explained the advantages of Yoga. On following days, she explained about advantages and method of Yoga and Asanas. The classes were conducted on Tuesdays, Wednesdays, Thursdays and Fridays. No classes were conducted on Saturdays, Sundays, Mondays.

On 25.06.21, Mrs. A.Latha, summarized the whole topic and involved the students in bringing up their opinion about Yoga sessions during the discussion. At the end the programme, Dr.Indira.A Principal, distributed the certificates to all the students. Post test was conducted followed by vote of thanks given by Mrs. E. Kannagi, Professor and the program ended with National anthem.

B. Ganj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

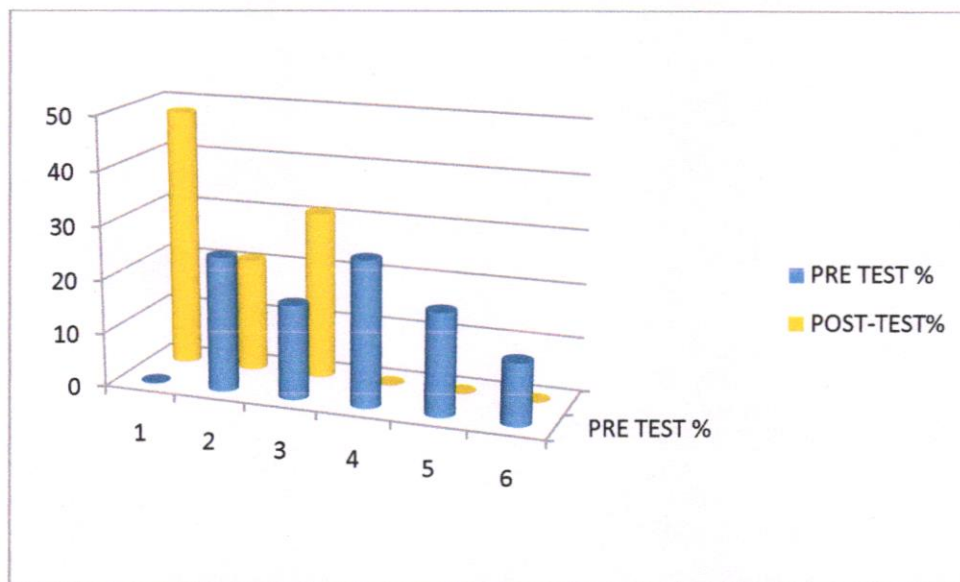


A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Table: 1 Frequency and Percentage Distribution of knowledge in Pretest and Posttest.

N=137

| GRADE | PRE TEST | | POST-TEST | |
|-------|-----------|------------|-----------|------------|
| | FREQUENCY | PERCENTAGE | FREQUENCY | PERCENTAGE |
| | (F) | (%) | (F) | (%) |
| A+ | 0 | 0 | 66 | 48 |
| A | 34 | 25 | 28 | 21 |
| B+ | 24 | 17.5 | 43 | 31 |
| B | 37 | 27 | 0 | 0 |
| C | 26 | 19 | 0 | 0 |
| D | 16 | 11.5 | 0 | 0 |
| TOTAL | 137 | 100 | 137 | 100 |



B. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



V. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

FIG:1 PERCENTAGE DISTRIBUTION ON YOGA AND WELLNESS

**Table no: 2: Frequency and percentage distribution of feedback analysis among participants
N=137**

| DESCRIPTION | PARTICIPANTS | |
|-------------|---------------|----------------|
| | FREQUENCY (F) | PERCENTAGE (%) |
| EXCELLENT | 66 | 48 |
| VERY GOOD | 47 | 34 |
| GOOD | 24 | 18 |
| AVERAGE | 0 | 0 |
| POOR | 0 | 0 |
| TOTAL | 137 | 100 |

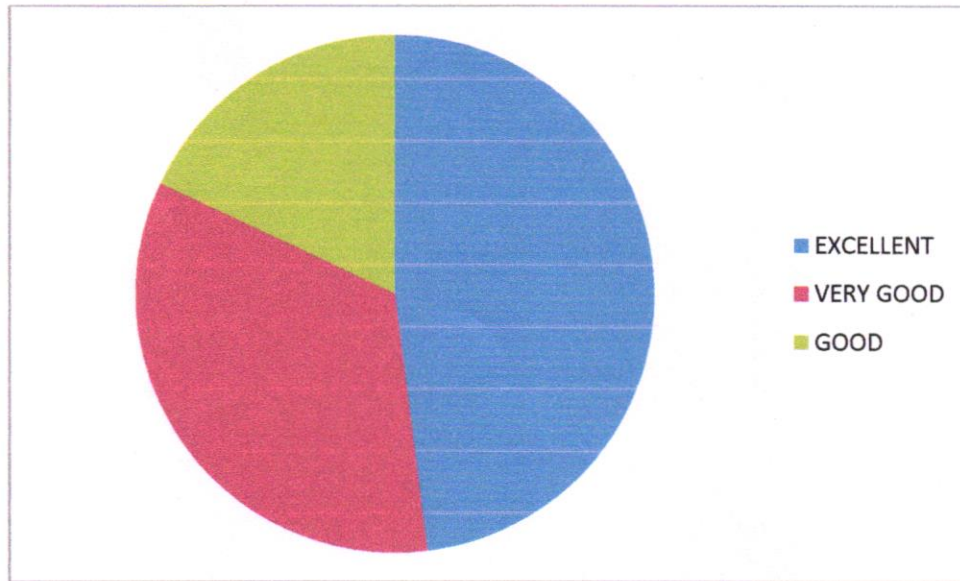


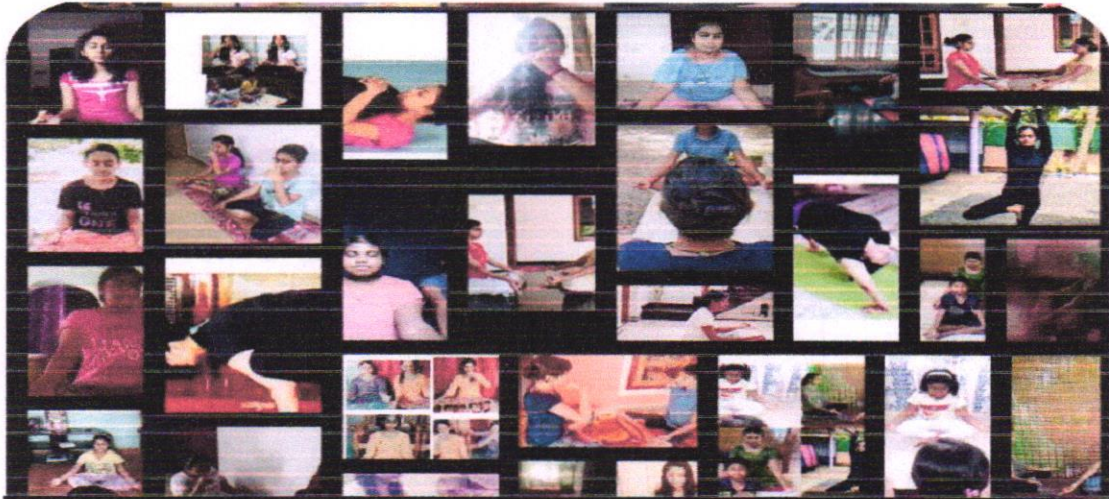
FIG no. 2: Percentage distribution of feedback analysis among participants

B. Anny
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Sivi
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

PHOTO GALLERY



Yoga practice session conducted to all students on virtual mode –June 2021

SIGNATURE OF IQAC COORDINATOR

IQAC COORDINATOR
NARAYANA COLLEGE OF NURSING
CHINTHAREDDYPALEM
NELLORE - 524 003



PRINCIPAL

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

NARAYANA COLLEGE OF NURSING

Yoga and Wellness - 2021

BSC Nursing IV year - Attendance

| SNO | StudentName | 01.06.21 | 02.06.21 | 03.06.21 | 04.06.21 | 08.06.21 | 09.06.21 | 10.06.21 | 11.06.21 | 15.06.21 | 16.06.21 | 17.06.21 | 18.06.21 | 22.06.21 | 23.06.21 | 24.06.21 | 25.06.21 |
|-----|----------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 1 | ABHAYA KURIAKOSE | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya | Abhaya |
| 2 | AKHILA THOMAS | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila | Akhila |
| 3 | AKSHITHA JOY | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha | Akshitha |
| 4 | AMALA MARY KURIAN | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala |
| 5 | ANEETA S. TITUS | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta | Aneeta |
| 6 | ANEETTA THOMAS | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta | Aneetta |
| 7 | ANGEL VARGHESE | Angel | Angel | Angel | Angel | Angel | Angel | Angel | Angel | Angel | Angel | Angel | Angel | Angel | Angel | Angel | Angel |
| 8 | ANJALY THANKACHAN | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly | Anjaly |
| 9 | ANJU K | Anju | Anju | Anju | Anju | Anju | Anju | Anju | Anju | Anju | Anju | Anju | Anju | Anju | Anju | Anju | Anju |
| 10 | ANU K JOHNSON | Anu | Anu | Anu | Anu | Anu | Anu | Anu | Anu | Anu | Anu | Anu | Anu | Anu | Anu | Anu | Anu |
| 11 | ANUJAMOL THOMAS | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol | Anujamol |
| 12 | ANUMOL PIOUS | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol | Anumol |
| 13 | ASHY KURIAKOSE | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy | Ashy |
| 14 | ATHIRA SUDHA | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira |
| 15 | BEENA BABU | Beena | Beena | Beena | Beena | Beena | Beena | Beena | Beena | Beena | Beena | Beena | Beena | Beena | Beena | Beena | Beena |
| 16 | BINCY BABURAJ | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy | Bincy |
| 17 | CHINIJI.T.J | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji | Chiniji |
| 18 | DEEPTHI TOMY | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi | Deepthi |
| 19 | DONA MOL JAISON | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona |
| 20 | DONA PATHROSE | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona | Dona |
| 21 | JISHA JOHN | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha | Jisha |
| 22 | JISNA ROY | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna | Jisna |
| 23 | JISSA MATHEW | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa | Jissa |
| 24 | JOLEENA JOSY | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena | Joleena |
| 25 | KRUPA MARY THOMAS | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa | Krupa |
| 26 | MARICIA COLLEGE OF NURSING | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia | Maricia |



Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

NARAYANA COLLEGE OF NURSING
Yoga and Wellness - 2021

PB BSC Nursing II year - Attendance

| SNO | StudentName | 01.06.21 | 02.06.21 | 03.06.21 | 04.06.21 | 08.06.21 | 09.06.21 | 10.06.21 | 11.06.21 | 15.06.21 | 16.06.21 | 17.06.21 | 18.06.21 | 22.06.21 | 23.06.21 | 24.06.21 | 25.06.21 |
|-----|--------------------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 1 | AMALA BABY | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala | Amala |
| 2 | ATHIRA S | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira | Athira |
| 3 | BOYA NAGAPALLAVI | Boya | Boya | Boya | Boya | Boya | Boya | Boya | Boya | Boya | Boya | Boya | Boya | Boya | Boya | Boya | Boya |
| 4 | BUDHILI GAYATHRI | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili | Budhili |
| 5 | BUNGA BHANU | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga | Bhanga |
| 6 | CHEMURU SUPRAJA | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru | Chemuru |
| 7 | CHINTHAGUNTA SANDHYARANI | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha | Chintha |
| 8 | J PRAMEELA | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela | J Prameela |
| 9 | KALAKATLA TEJA SREE | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla | Kalakatla |
| 10 | KAMBELLA NADIYA | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella | Kambella |
| 11 | KOMMI BHUMIKA | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi | Kommi |
| 12 | MATTUPALLI SATYAVATHI | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli | Mattupalli |
| 13 | PITTI ARUNA | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti | Pitti |
| 14 | SNEHA SOJAN | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha | Sneha |
| 15 | TADIBOINA TIRUPATAMMA | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina | Tadiboina |
| 16 | VUNNAM KRISHNAVENI | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam | Vunnam |
| 17 | VUNTA MOUNIKA | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta | Vunta |



A. Saini
Principal
NARAYANA COLLEGE OF NURSING
Chintharedypalem,
NELLORE - 524 003.

B. Saini
Principal
NARAYANA COLLEGE OF NURSING
Chintharedypalem,
NELLORE - 524 003



NARAYANA
COLLEGE OF NURSING

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Ph No: 0861-2317969 | Fax: 0861-2311968.

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website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in



YOGA AND WELLNESS

Total Hours: 16

COURSE DESCRIPTION

This course makes the students improve their physical and mental wellbeing by practicing yoga in their daily life and prove themselves as healthy Samaritans of the Society. This course consists of individual or in-group class presentations pertaining to the applications of Theories or demonstration in yoga and wellness.

Courses Covered : M.Sc (N) / B.Sc (N) / P.B.B.Sc (N)

SYLLABUS CONTENT:

UNIT- I INTRODUCTION

4-HOURS

Introduction– What is yoga – evolution of yoga in India and other parts of the world

B. Chandy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. S. Reddy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

UNIT- II IMPORTANCE OF YOGA 6 -HOURS

Advantages – physical wellness – mental goodness

UNIT-III IMPORTANCE OF ASANAS 6-HOURS

Types – Benefits – Methods of doing asanas

TEACHING STRATEGIES

The teaching in this course aims at establishing a good fundamental understanding of the areas covered using:

- Formal face-to-face lectures
- Discussion sessions, which support the students' views or contrast them.
- Seminar to enhance the interactive level of the students.
- Demonstrating asanas and encourage students for redemo.

B. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Raju

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



Chinthareddypalem, Nellore - 524003, A.P.
Ph No: 0861-2317969 | Fax: 0861-2311968.
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Affiliated to NTR University of Health Sciences, A.P. Vijayawada.
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website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in

YOGA AND WELLNESS – 2020–2021 PRE AND POST QUESTIONNAIRE

1. When first International Yoga Day is observed in India?

- A. 21 June 2014
- B. 21 June 2015
- C. 21 June 2016
- D. None of the above

Ans. B

2. Where the resolution of celebrating International Day of Yoga is passed?

- A. World Health Organization
- B. UN, General Assembly
- C. India, Parliament
- D. None of the above

Ans. B

3. Who had introduced yoga first time to the western world in a religion conference Chicago, America?

- A. Swami Vivekananda
- B. Narendra Modi
- C. Maharshi Patanjali
- D. Baba Ramadeva

Ans. A

4. Who is known as Father of Yoga?

- A. Patanjali
- B. Shiva
- C. Brahma
- D. Tirumalai Krishnamacharya

Ans. A

B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

5. Which Veda mentions about the elements of yoga?

- A. Athar Veda
- B. Rig veda
- C. Sam Veda
- D. Yajur Veda

Ans. B

6. Which International Day of Yoga event created a Guinness world Record?

- A. 21 June, 2015
- B. 21 June, 2014
- C. 21 June, 2016
- D. None of the above

Ans. A

7. Celebration of International Yoga in India is done by which ministry?

- A. Ministry of Ayush
- B. Ministry of Civil Aviation
- C. Ministry of Communication
- D. Ministry of Human Resource and Development

Ans. A

8. Name the asana in which waist and arms look like a cobra?


- A. Bhujangasana
- B. ArdhaChakrasana
- C. Vakrasana
- D. None of the above

Ans. A


9. What is the theme of International Day of Yoga 2021?

- A. Yoga for well-being
- B. Yoga for all
- C. Yoga for People
- D. None of the above

Ans. A


Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003




Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

10. Which of the following statement is/are correct about Yoga?

- A. Yoga is practiced since ancient India. It is a physical, mental and spiritual practice.
- B. The 'yoga' word is derived from Sanskrit.
- C. Yoga means to join or unite, represent the union of body and consciousness or alertness.
- D. All the above are correct

Ans. D

11. What is not one principle taught in yoga?

- A. Proper exercise
- B. Relaxation
- C. Strength
- D. Power

Ans. C

12. Which country does yoga originate from?

- A. Bangladesh
- B. Thailand
- C. India
- D. China

Ans. C

13. What is the true meaning of yoga?

- A. Spiritual union
- B. Attaining freedom
- C. Physical health
- D. Emotional intelligence

Ans. A

14. When did the UN General Assembly announce 21st June as the International Yoga Day?

- A. 21st June 2014
- B. 11th Dec 2014
- C. 12th Dec 2014
- D. 11th June 2014

Ans. B

B. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

15. What is the best time to do Yoga?

- A. Morning
- B. Afternoon
- C. Evening
- D. Night

Ans. A

16. What is the final resting pose after ending the yoga?

- A. Mountain
- B. Tadasana
- C. Savasana
- D. Savannah

Ans. C

17. How many poses does Surya Namaskar have?

- A. 12
- B. 7
- C. 10
- D. 8

Ans. A

18. What pose are you in when you are sitting with your legs crossed and the feet resting on your inner thighs?

- A. The Sunflower pose
- B. The Leaf pose
- C. The Lotus pose
- D. The Garden pose

Ans. C

19. Which one is not a Yoga pose?

- A. Cobra
- B. Frog
- C. Butterfly
- D. Fly

Ans. D

20. Identify the yoga asana from the picture



- A. Padasana
- B. Shavasana
- C. Padmasana
- D. Savasana

Ans. C



A. S. S. S.
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

B. S. S. S.
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



Chinthareddypalem, Nellore - 524003. A.P.
Ph No: 0861-2317969 | Fax: 0861-2311968.

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CAPABILITY ENHANCEMENT PROGRAMME REPORT ON "ANALYTICAL SKILL DEVELOPMENT PROGRAMME"

The capability enhancement program on "Analytical skill development programme" was conducted from 1.07.2021 to 30.07.2021 between 5pm-6pm. The programme begun at 5 pm with the prayer song by II Year students, and followed by the welcome song by 3rd year B.sc nursing students. Dr.A.Indira, the principal, and other dignitaries lit the auspicious lamp. Before the session began, participants were handed pre-test questionnaires. The welcome address was given by Mrs.A.Viji, Professor at Narayana College of Nursing.

Pre test was conducted to all 194 students who attended the course. After that, session was started by Dr. Indira. A Principal, Narayana College of Nursing, gave a brief introduction on critical thinking skills in various places on first day.

Day:2

2.07.2021 Mrs. V. Jayanthi, Professor, Sree Narayana nursing college, Resource person of the programme, She explained about creativity, problem solving, critical thinking, decision making skills, Guidelines for decision making, importance of critical thinking in working places, and Values in Nursing. The classes were conducted on Tuesdays, Wednesdays, Thursdays and Fridays. No classes were conducted on Saturdays, Sundays, Mondays and on Public Holidays.

On 30.07.2021, Mrs. V. Jayanthi Professor, summarized the whole topics and involved the audience too in bringing up their view points during the discussion. At the end the programme, Dr.Indira.A Principal, distributed the certificates to all the students. Post test was conducted followed by students Feedback was taken. Finally vote of thanks given by Mrs. T.Usha Kiran Asso. Professor and the program ended with National anthem.

B. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



T. Usha Kiran
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Table: 1 Frequency and Percentage Distribution of knowledge in Pretest and Posttest.

N=194

| GRADE | PRE TEST | | POST-TEST | |
|-------|------------------|-------------------|------------------|-------------------|
| | FREQUENCY (F) | PERCENTAGE (%) | FREQUENCY (F) | PERCENTAGE (%) |
| A+ | 0 | 0 | 79 | 41 |
| A | 30 | 15 | 54 | 28 |
| B+ | 33 | 17 | 61 | 31 |
| B | 33 | 17 | 0 | 0 |
| C | 36 | 19 | 0 | 0 |
| D | 62 | 32 | 0 | 0 |
| TOTAL | 194 | 100 | 194 | 100 |

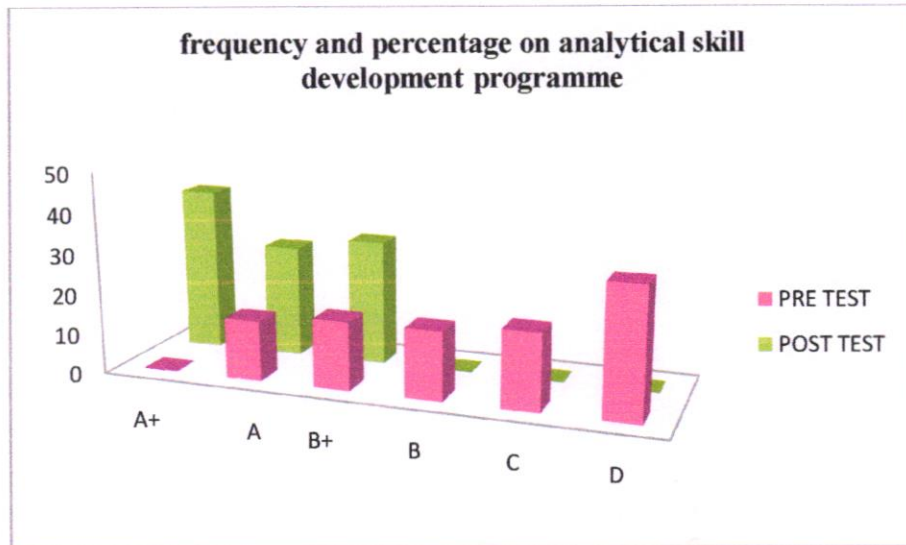


FIG:1 PERCENTAGE DISTRIBUTION ON ANALYTICAL SKILL DEVELOPMENT PROGRAMME

B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

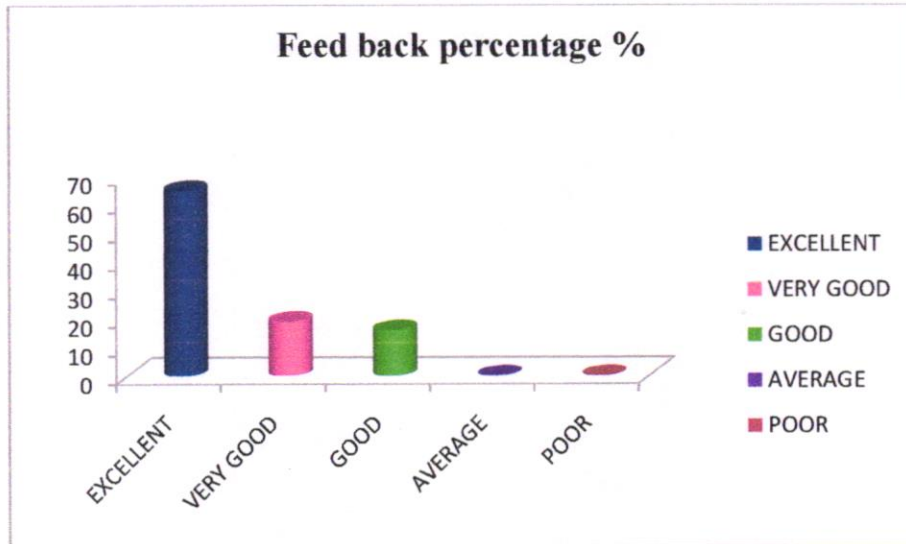


A. Reddy
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Table no: 2: Frequency and percentage distribution of feedback analysis among participants

N=194

| DESCRIPTION | PARTICIPANTS | |
|-------------|---------------|----------------|
| | FREQUENCY (F) | PERCENTAGE (%) |
| EXCELLENT | 126 | 65 |
| VERY GOOD | 37 | 19 |
| GOOD | 31 | 16 |
| AVERAGE | 0 | 0 |
| POOR | 0 | 0 |
| TOTAL | 194 | 100 |



[Signature]
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

[Signature]
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



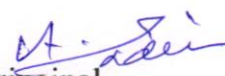
Figure 1 : Prof. V.Jayanthi explains on analytical skills development Programme.




Figure 2 : Prof. V.Jayanthi interacting with students on analytical skills development Programme.


Programme Organizer




Principal
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.


Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



Chinthareddypalem, Nellore - 524003. A.P.
Ph No: 0861-2317969 | Fax: 0861-2311968.
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CAPABILITY ENHANCEMENT PROGRAMME REPORT ON HUMAN VALUE DEVELOPMENT

The capability enhancement program on "Human Value Development" was conducted from 02.11.2021 to 29.11.2021 between 5pm-6pm Organized by IQAC. The program started with prayer song followed by Welcome song by III B.Sc year students. Lamp lighting was done by Dr. Indira.A, Principal, Narayana College of Nursing, and H.O.D of all the departments. Pretest questionnaires were given participants before starting the session. Mrs. A. Latha, Professor, Narayana College of Nursing delivered the welcome address.

Pretest was conducted to all 445 students who attended the course. After that, session was started by Mrs. P.Shanmugavadivu, Resource person of the programme. She introduced the topic to the students on first day. From 03.11.21, she explained the components of Human Values including importance of maintaining Human Value in Nursing. The classes were conducted on Tuesdays, Wednesdays, Thursdays and Fridays. No classes were conducted on Saturdays, Sundays, Mondays and on Public Holidays.

On 29.11.21, Mrs. P.Shanmugavadivu, summarized the whole topic and involved the audience too in bringing up their view points during the discussion. At the end the programme, Dr.Indira.A Principal, distributed the certificates to all the students. Post test was conducted followed by vote of thanks given by Mrs. A.Viji, Professor and the program ended with National anthem.

B. Srinivas
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. J. Jeeva
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

PHOTO GALLERY



Students attended the programme

SIGNATURE OF IQAC COORDINATOR

**IQAC COORDINATOR
NARAYANA COLLEGE OF NURSING
CHINTHAREDDYPALEM
NELLORE - 524 003**



PRINCIPAL

**Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.**

Principal

**NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003**



Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

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Affiliated to NTR University of Health Sciences, A.P. Vijayawada.

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website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in

CAPABILITY ENHANCEMENT PROGRAMME REPORT ON PERSONALITY AND PROFESSIONAL DEVELOPMENT

The capability enhancement program on "personality and professional Development" was conducted from 03.08.2021 to 27. 08.2021 Between 5pm-6pm Organized. The program started with prayer song followed by Welcome song by III B.Sc year students. Lamp lighting was done by Dr. Indira.A, Principal, Narayana College of Nursing, and H.O.D of all the departments. Pretest questionnaires were given participants before starting the session. Mrs. P.Shanmugavadivu Professor, Narayana College of Nursing delivered the welcome address.

Pretest was conducted to all 445 students who attended the course. After that, session was started by Dr. Tamil Selvam Clinical Psychologist, Resource person of the programme. He introduced the topic to the students on first day. From 04.08.2021, he explained Self - knowledge , Understanding feelings and emotions, Self management, Socializing the individual, memory , listening, Art of learning and writing guidelines, Personal Competence and Maturity, Assertiveness and negotiation skills, Recognizing the gradual growth in different dimension in Nursing. The classes were conducted on Tuesdays, Wednesdays, Thursdays and Fridays. No classes were conducted on Saturdays, Sundays, Mondays and on Public Holidays.

On 27. 08.2021, Dr. Tamil Selvam, summarized the whole topic and involved the audience too in bringing up their view points during the discussion. At the end the programme, Dr.Indira.A Principal, distributed the certificates to all the students. Post test was conducted followed by vote of thanks given by Mrs.T.Usha kiran, Associate Professor and the program ended with National anthem.

B. Shanmugavadivu
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Table: 1 Frequency and Percentage Distribution of knowledge in Pretest and Posttest.

N=445

| GRADE | PRE TEST | | POST-TEST | |
|-------|-----------|------------|-----------|------------|
| | FREQUENCY | PERCENTAGE | FREQUENCY | PERCENTAGE |
| | (F) | (%) | (F) | (%) |
| A+ | 0 | 0 | 180 | 40 |
| A | 14 | 3 | 200 | 45 |
| B+ | 140 | 31 | 65 | 15 |
| B | 143 | 32 | 0 | 0 |
| C | 93 | 22 | 0 | 0 |
| D | 55 | 12 | 0 | 0 |
| TOTAL | 445 | 100 | 445 | 100 |

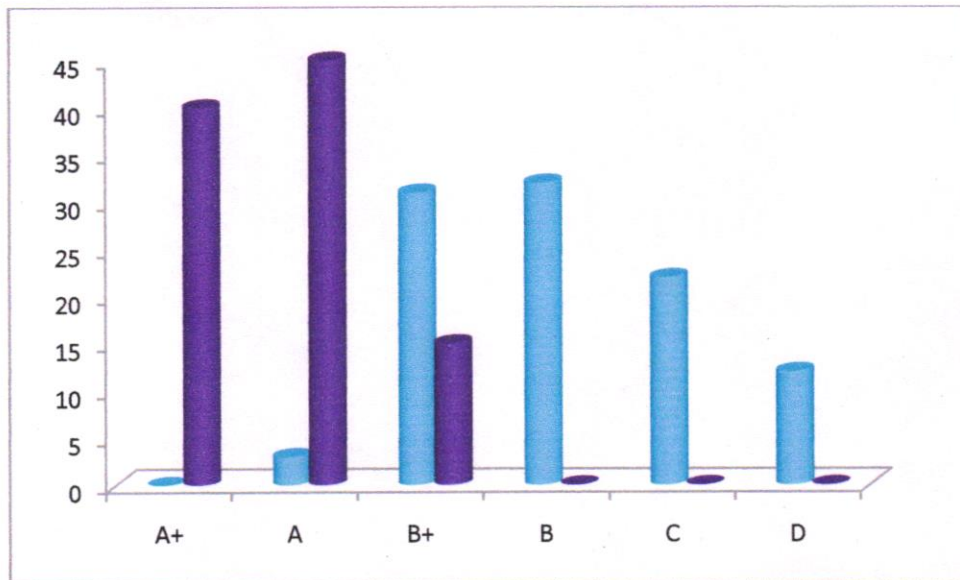


FIG:1 PERCENTAGE DISTRIBUTION ON PERSONALITY AND PROFESSIONAL VALUE DEVELOPMENT

B. Ghany
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. S. Reddy
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Table no: 2: Frequency and percentage distribution of feedback analysis among participants **N=445**

| DESCRIPTION | PARTICIPANTS | |
|-------------|---------------|----------------|
| | FREQUENCY (F) | PERCENTAGE (%) |
| EXCELLENT | 200 | 45 |
| VERY GOOD | 186 | 42 |
| GOOD | 59 | 13 |
| AVERAGE | 0 | 0 |
| POOR | 0 | 0 |
| TOTAL | 445 | 100 |

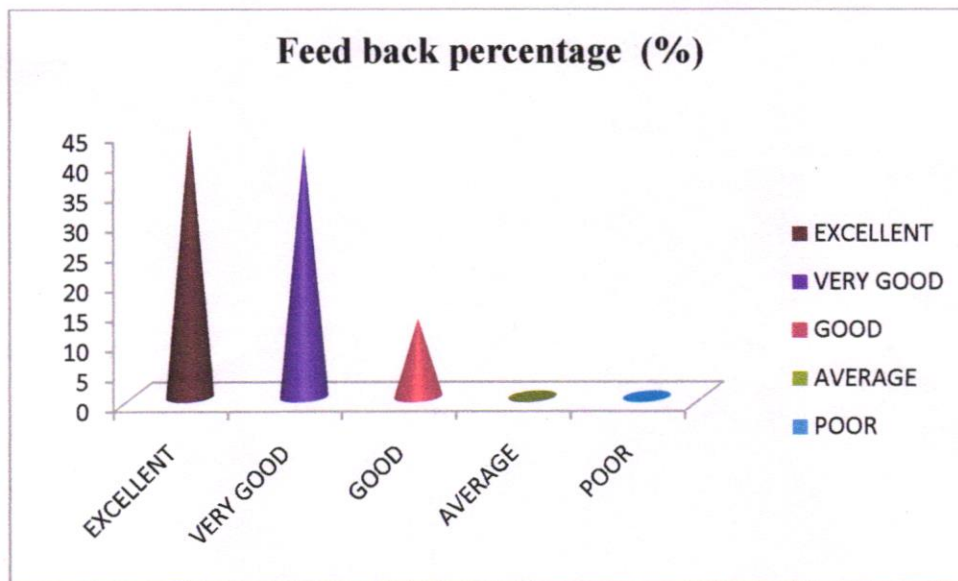


FIG no. 2: Percentage distribution of feedback analysis among participants

B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. S. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

PHOTO GALLERY



Fig:1 Students attended the programme of personality and professional Development

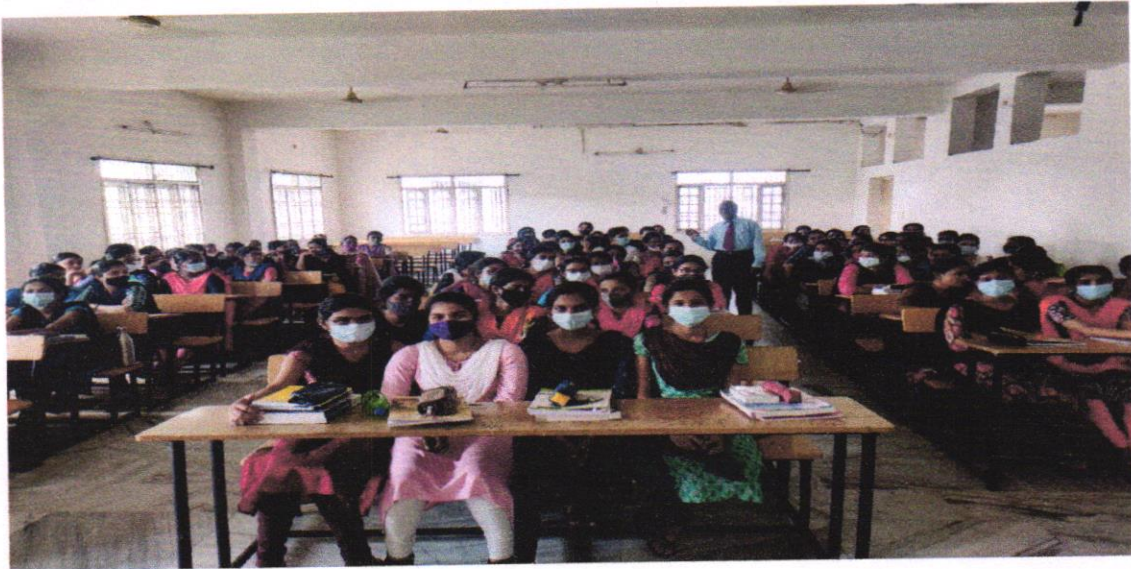


Fig:2 Dr. selvam interacting with students on personality and professional Development programme

PROGRAMME ORGANIZER

PRINCIPAL

B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

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CAPABILITY ENHANCEMENT PROGRAMME REPORT ON "EMPLOYABILITY SKILL DEVELOPMENT PROGRAMME "

The capability enhancement program on "Employability programme " was conducted from 5.10.2021 to 29.10.2021 between 5pm-6pm. The programme begun at 5 pm with the prayer song by Ms. Akshitha joy, and followed by the welcome song by 4th yr B.sc nursing students. The auspicious Lamp lighting was done by Dr.A.Indira, principal and other dignitaries. Pretest questionnaires were given participants before starting the session. Mrs. A. Viji, Professor Narayana College of Nursing delivered the welcome address.

Pretest was conducted to all 131 students who attended the course. After that, session was started by Dr. Indira.A Principal, Narayana College of Nursing, gave a brief introduction on staff role in various wards and responsibilities other facilities on first day .

Day:2

6.10.2021 Mrs. A. Viji, Professor, Resource person of the programme, he explained about universal employability skills. Guidelines for writing curriculum vitae, components of Human Values including importance of maintaining Human Value in Nursing. The classes were conducted on Tuesdays, Wednesdays, Thursdays and Fridays. No classes were conducted on Saturdays, Sundays, Mondays and on Public Holidays.

Mrs. A. Viji, Professor talked about NMCH was occupied 1750 bedded hospital with new equipped technology. She was clearly explained that is colour coding uniform dress should be in neat appearance. She given some guidelines while in duty that is be presence and honestly provide quality of care to the patients. Do patiently, avoid angry and should not use mobiles in working hours. When writing the case sheets should write the complete history, investigations, procedures, dressing, treatment and shifting the patients everything should be in documentation and report is mandatory of written way and oral report when hand over the responsibilities. Response for everything in their respected wards be in active have a smile with patients. Learning is the must than earning

B. Viji
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



She spoke regarding ICU staff people has to work with patiently and provide the treatment on time and professional relationship was maintain with patients and family members. services should be improve especially in various ICUS, postoperative wards. At last she interacted with all students and cleared students doubts . .

On 29.10.21, **Mrs. A. Viji, Professor**, summarized the whole topics and involved the audience too in bringing up their view points during the discussion. At the end the programme, Dr.Indira.A Principal, distributed the certificates to all the students. Post test was conducted followed by students Feedback was taken. Finally vote of thanks given by Mrs..Aruna.G ., Asst. Professor and the program ended with National anthem.

Table: 1 Frequency and Percentage Distribution of knowledge in Pretest and Posttest.

N=131

| GRADE | PRE TEST | | POST-TEST | |
|-------|-----------|------------|-----------|------------|
| | FREQUENCY | PERCENTAGE | FREQUENCY | PERCENTAGE |
| | (F) | (%) | (F) | (%) |
| A+ | 0 | 0 | 66 | 50 |
| A | 6 | 5 | 35 | 27 |
| B+ | 25 | 19 | 30 | 23 |
| B | 20 | 15 | 0 | 0 |
| C | 38 | 29 | 0 | 0 |
| D | 42 | 32 | 0 | 0 |
| TOTAL | 131 | 100 | 131 | 100 |

B. G. Vijay
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



A. Indira
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

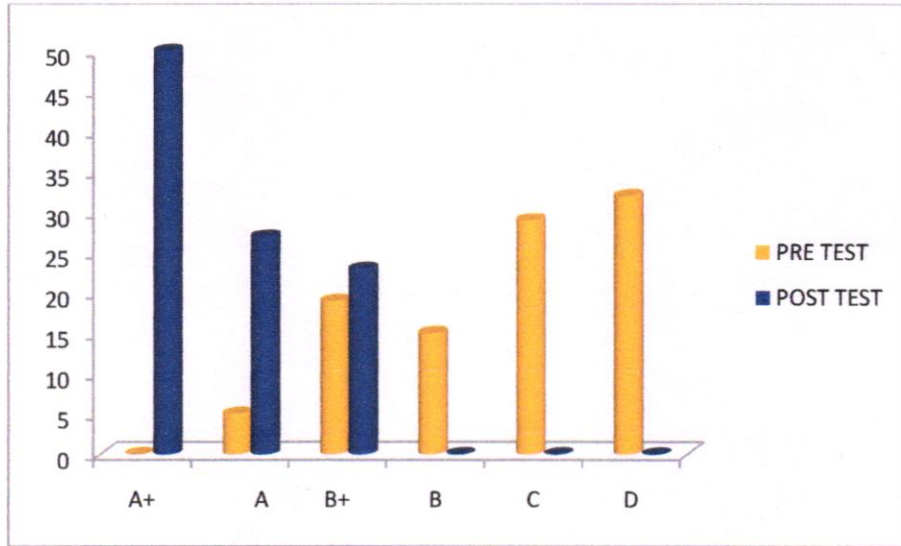


FIG:1 PERCENTAGE DISTRIBUTION ON EMPLOYABILITY DEVELOPMENT PROGRAMME

Table no: 2: Frequency and percentage distribution of feedback analysis among participants N=131

| DESCRIPTION | PARTICIPANTS | |
|-------------|---------------|----------------|
| | FREQUENCY (F) | PERCENTAGE (%) |
| EXCELLENT | 75 | 57 |
| VERY GOOD | 30 | 23 |
| GOOD | 26 | 20 |
| AVERAGE | 0 | 0 |
| POOR | 0 | 0 |
| TOTAL | 131 | 100 |

B. Anuj
 Principal
 NARAYANA COLLEGE OF NURSING
 Chinthareddypalem,
 NELLORE - 524 003



A. J. S.
 Principal
 NARAYANA COLLEGE OF NURSING
 Chinthareddypalem,
 NELLORE - 524 003,

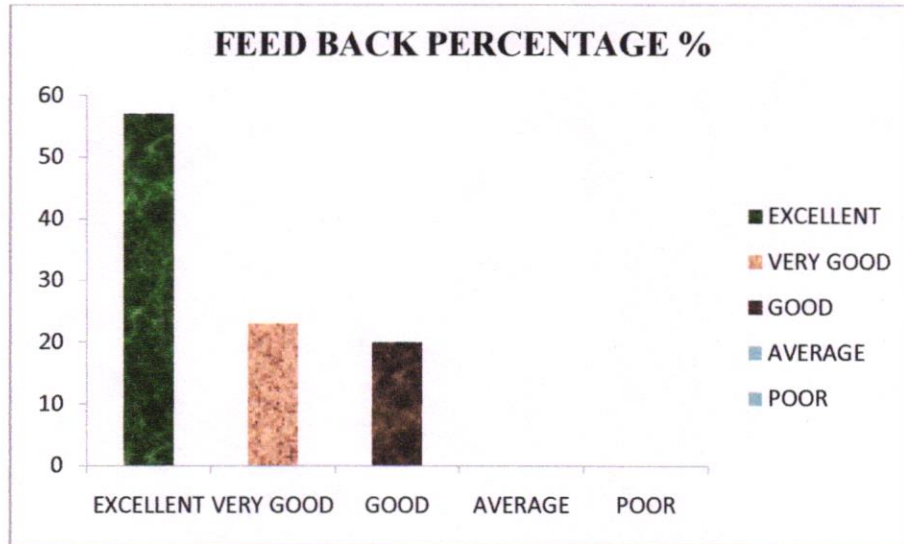


Figure 1 : Dr.Indira explains on Employability skills Programme.

B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



V. Sree
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



Figure 2 : Mrs. A. Viji, Professor on Employability skills Programme



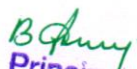
Figure 3: All students are praying on Employability skills Programme


Programme Organizer




Principal

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.


Principal
NARAYANA COLLEGE OF NURSING,
Chinthareddypalem,
NELLORE - 524 003.