



NARAYANA COLLEGE OF NURSING

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Number of extension and outreach activities carried out in collaboration with National and International agencies, industry, community, Government and Non- Governmental Organisations engaging NSS/NCC/Red cross/YRC/institutional clubs etc. during the last five years

S No	Academic Year	Number of Activities
1.	2023-24	51
2.	2022-23	51
3.	2021-22	50
4.	2020-21	17
5	2019-20	11
Total		180

Dr. B. Devi
Principal

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List of Extension Activities for Five Years

Year	Name of the activity	Organising unit/ agency/ collaborating agency	Number of students participate d in such activities	Number of teachers participated in such activities
2023-24	Information Campaigns on Brain Tumors	NSS	40	4
2023-24	Elder Protection Awareness Campaign	NSS	45	5
2023-24	Yoga Practice Promotion	NSS	30	3
2023-24	Substance abuse prevention	NSS	50	2
2023-24	ORS Education and Supply Initiative	NSS	20	5
2023-24	Plastic Reduction Awareness Campaign	NSS	14	2
2023-24	Promoting Small Family Benefits	NSS	74	5
2023-24	Youth Empowerment Competitions	NSS	21	3
2023-24	Support for Viral Hepatitis Awareness	NSS	26	4
2023-24	Breastfeeding Promotion Campaign	NSS	75	3
2023-24	High Blood Pressure Outreach Activity	NSS	47	2
2023-24	Eye Donation Awareness Campaign	NSS	17	4
2023-24	Food and Nutrition Education	NSS	14	5
2023-24	First Aid and Emergency Response Training	NSS	47	4
2023-24	Public Information Campaign on Suicide Prevention	NSS	60	3
2023-24	Public Awareness for Alzheimer's Care	NSS	50	4
2023-24	Deaf Awareness Initiative	NSS	33	5
2023-24	Support for Rabies Awareness	NSS	25	4
2023-24	Education on Heart Disease Prevention	NSS	29	3
2023-24	Cerebral Palsy Awareness Campaign	NSS	24	4
2023-24	Raising Awareness about Mental Health	NSS	28	3
2023-24	Hand Washing Education Campaign	NSS	30	4
2023-24	Promoting Breast Cancer Education	NSS	32	5
2023-24	Polio Health Awareness Campaign	NSS	14	3
2023-24	Raising Awareness about Oral Care	NSS	52	4
2023-24	Pneumonia Awareness Poster Campaign	NSS	74	5
2023-24	Foot Care Awareness Initiative for Diabetes	NSS	44	3
2023-24	Kidney Health Education Event	NSS	68	4
2023-24	Health Awareness programme on Sexually transmitted diseases (STIs)	NSS	50	3
2023-24	Health awareness in the community regarding dehydration	NSS	14	5

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2023-24	AIDS Awareness Rally	NSS	47	4
2023-24	Environmental Awareness	NSS	65	5
2023-24	Health awareness on Geriatric illnesses	NSS	98	3
2023-24	Road Safety and School children	NSS	99	4
2023-24	National Youth Day	NSS	78	5
2023-24	Awareness on Consequences of Smoking and Its Cessation	NSS	55	2
2023-24	A better future for every child	NSS	30	6
2023-24	Cancer Education Campaign	NSS	21	3
2023-24	Deworming Tablet Distribution Initiative	NSS	42	4
2023-24	Health awareness in Children	NSS	70	4
2023-24	Organ Donation Rally Yuva Diwas -	NSS	57	6
2023-24	Pulse polio immunization program	NSS	60	3
2023-24	Raising Awareness about Kidney Health	NSS	14	5
2023-24	Oral Health and Wellness Outreach	NSS	40	3
2023-24	Promoting TB Education	NSS	56	5
2023-24	Extended Bipolar Care Program	NSS	62	4
2023-24	Outreach for Health Awareness	NSS	80	3
2023-24	Sunstroke Prevention	NSS	47	3
2023-24	Womens Health Issues	NSS	56	2
2023-24	Public Health Campaign on Pollution Control	NSS	80	4
2023-24	Education on the Impact of Tobacco Use	NSS	70	3
2022-23	Activity on Mental health in an unequal World	NSS	41	3
2022-23	Newborn's health: Key National Priority	NSS	47	4
2022-23	Acknowledging freedom fighters	NSS	65	2
2022-23	Promoting Asana Techniques	NSS	50	5
2022-23	Promoting Awareness of Drug Abuse Consequences	NSS	42	4
2022-23	Education on the Benefits of ORS	NSS	45	3
2022-23	Campaign for a Plastic-Free Environment	NSS	47	6
2022-23	Raising Awareness about Family Size Benefits	NSS	53	4
2022-23	Informational Video on Breastfeeding	NSS	19	2
2022-23	NSS foundation Event	NSS	53	3
2022-23	Promoting Eye Donation Education	NSS	25	5
2022-23	Interactive Cooking Sessions on Nutrition	NSS	23	3
2022-23	Raising Awareness about Suicide Prevention	NSS	50	4

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2022-23	Education on Alzheimer's Care and Support	NSS	80	6
2022-23	Raising Awareness about Rabies Risks	NSS	47	2
2022-23	Public Health Check for Heart Health	NSS	43	5
2022-23	Interactive Session on Waste Disposal	NSS	35	4
2022-23	Promoting Understanding of Mental Wellbeing	NSS	33	4
2022-23	Demonstration and practicing Hand washing	NSS	39	3
2022-23	School Health Awareness Campaign	NSS	46	5
2022-23	Celebrate a world of Flavours	NSS	39	4
2022-23	Digital Equity for All Ages	NSS	66	4
2022-23	Living sustainably in harmony with nature	NSS	70	5
2022-23	Nutritious diet for better living	NSS	16	4
2022-23	Raising Awareness about Diabetes Control	NSS	20	6
2022-23	Empowerment through Helmet Safety Awareness	NSS	27	4
2022-23	Visual Learning on the Importance of AIDS Awareness	NSS	29	5
2022-23	Cancer , early Detection & Prompt treatment	NSS	36	3
2022-23	Elderly Care & Schemes	NSS	71	2
2022-23	Health Equity: build a fairer, healthier world for everyone	NSS	60	5
2022-23	Awareness of Cancers of the Head and Neck Region.	NSS	39	3
2022-23	Youth Leadership Competitions	NSS	60	6
2022-23	Planting Drive for Environmental Awareness	NSS	70	3
2022-23	Art for Advocacy: Save the Girl Child	NSS	65	2
2022-23	Education on Leprosy Prevention and Treatment	NSS	64	2
2022-23	Public Health Campaign on Cancer	NSS	63	5
2022-23	Community Support for Deworming Programs	NSS	50	4
2022-23	POSTER ART COMPETITION	NSS	51	3
2022-23	Importance of trees	NSS	91	3
2022-23	Awareness for Prevention, diagnosis & treatment of osteoporosis	NSS	9	4
2022-23	Child Immunization through Pulse Polio Program	NSS	60	5

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2022-23	Strengthening Women's Voices	NSS	77	3
2022-23	Nephrology Awareness Event	NSS	23	4
2022-23	Community Awareness on STDs	NSS	19	5
2022-23	Awareness about Oral Diseases and Their Prevention	NSS	30	3
2022-23	Promoting Knowledge of Tuberculosis Symptoms	NSS	90	6
2022-23	Bipolar Education Forum	NSS	54	4
2022-23	Health and Wellness Assessment Day	NSS	52	5
2022-23	Awareness activity on seasonal Diseases	NSS	41	2
2022-23	Autism Awareness Programme	NSS	50	3
2022-23	Community Education on the Dangers of Tobacco	NSS	24	2
2021-22	Webinar on environmental Issues	NSS	41	5
2021-22	Webinar on Safe Blood Donation and Transfusion	NSS	54	4
2021-22	Plantation to encourage Green environment	NSS	58	3
2021-22	Education on Importance of Plastic Free Environment	NSS	56	6
2021-22	Guided Asana Training Experience	NSS	58	5
2021-22	Webinar on Hazards of Drug addiction and avoid	NSS	64	2
2021-22	Awareness session on Women safety and Disha app application	NSS	40	4
2021-22	Vanamahostavam	NSS	25	5
2021-22	Promoting Understanding of Population Exploitation	NSS	29	4
2021-22	Health Campaign for ORS Distribution	NSS	30	6
2021-22	Mime on currents issues on Breast feeding	NSS	42	3
2021-22	Health awareness on Vector borne disease	NSS	25	4
2021-22	ORS- The Home based treatment for Diarrhoel Diseases	NSS	29	5
2021-22	Shram Mahadaan with Paani Foundation	NSS	46	2
2021-22	Understanding and Preventing Suicidal Behavior	NSS	35	2
2021-22	Tree Planting for Ozone Protection	NSS	46	5
2021-22	Webinar on Awareness talk regarding Dementia	NSS	47	3
2021-22	Webinar on developing leadership qualities in youth for community Development	NSS	80	4

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2021-22	Educational Session on Rabies Vaccination for Pets	NSS	74	5
2021-22	Hands-On Session for Breast Health Awareness	NSS	90	2
2021-22	2Km Heart Health Walk	NSS	60	6
2021-22	Clean India Movement	NSS	35	5
2021-22	Informational Sessions on Mental Health	NSS	25	4
2021-22	Promoting Awareness of Breast Self-Examination	NSS	95	4
	Awareness on Good touch and Bad Touch	NSS	92	4
2021-22	Informative Lecture on Diseases of Nervous system (Vatavyadhi) and its prevention	NSS	64	4
2021-22	Concept of health and wellness center under Ayushman Bharat Yojna	NSS	54	3
2021-22	Display of Healthy Eating Options for Diabetes	NSS	60	3
2021-22	Helmet awareness Rally	NSS	61	2
2021-22	Community Rally for HIV Education	NSS	55	2
2021-22	Health education on: Measuring Your Blood Pressure Accurately, Controlling It, Living Longer	NSS	38	3
2021-22	Leprosy Awareness Session	NSS	50	5
2021-22	Awareness on sickle cell anemia	NSS	57	4
	Menstrual Hygiene Awareness Program	NSS	60	5
2021-22	Blood Donation for Humanity	NSS	48	3
2021-22	Awareness Through poster making on Save Girl Child	NSS	40	4
2021-22	Youth Empowerment Challenge	NSS	48	6
2021-22	Greenery Development Program	NSS	67	2
2021-22	Providing Deworming Medication	NSS	30	2
2021-22	Health Education Activity on Celebrating Older Human Rights champions"	NSS	61	3
2021-22	Think Equal, Build Smart, Innovate for Change	NSS	72	5
2021-22	Activity on Universal Health Coverage: Everyone, Everywhere	NSS	39	4
2021-22	National Communal Harmony in India	NSS	25	2
2021-22	Vaccinating a under fivechild with polio drops	NSS	25	5
2021-22	Women's Rights Awareness Initiative	NSS	25	3
2021-22	Health Promotional Activity regarding	NSS	39	4

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	lifestyle modifications			
2021-22	Bipolar Awareness Initiative	NSS	50	2
2021-22	Educating on Mind, Body, and Spiritual Balance	NSS	50	3
2021-22	Outreach Program for Hypertension Awareness	NSS	35	5
2021-22	Public Demonstration for Tobacco-Free Policies	NSS	65	3
2020-21	Swatch Bharath	NSS	24	12
2020-21	World Cancer Day	NSS	54	10
2020-21	World Tuberculosis Day	NSS	98	10
2020-21	World Health Day	NSS	92	13
2020-21	No Tobacco Day	NSS	48	4
2020-21	Anti Terrorism Day	NSS	43	4
2020-21	World Environment Day	NSS	82	10
2020-21	International Day Of Yoga	NSS	21	8
2020-21	World Population Day	NSS	45	10
2020-21	Vanamahosthav Week	NSS	89	10
2020-21	World Breast Feeding Week	NSS	23	18
2020-21	World Alzheimer day	NSS	168	5
2020-21	Community Clean-Up Drive	NSS	100	10
2020-21	World Mental Health Day	NSS	160	7
2020-21	Awareness Program on Mentrual Hygiene	NSS	92	7
2020-21	Interactive session for students on Anemia Prevention	NSS	90	10
2020-21	Report on Swachh Bharath	NSS	60	8
2019-20	Swatch Bharath	NSS	40	10
2019-20	National Youth Day	NSS	250	15
2019-20	Events on Grove	NSS	50	9
2019-20	Swatch Pakhwada drive	NSS	40	10
2019-20	Safety Awareness Session	NSS	50	8
2019-20	Personality Development	NSS	60	10
2019-20	Healthy Recipes and the benefits of fruits vegetables	NSS	50	5
2019-20	International Women's Day	NSS	100	20
2019-20	Vana Mahosthavam	NSS	40	20
2019-20	Webinar on Spit free India	NSS	48	10
2019-20	Leadership	NSS	50	20

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