

# **NARAYANA COLLEGE OF NURSING**

**CHINTHAREDDY PALEM, NELLORE**

## **DEPARTMENT OF MENTAL HEALTH NURSING**

### **FACULTY DEVELOPMENT PROGRAMME ON PSYCHOSOCIAL REHABILITATION**

Department of Mental Health Nursing organized a Faculty Development programme on Psychosocial Rehabilitation on 02/03/2019 at Narayana College of Nursing.

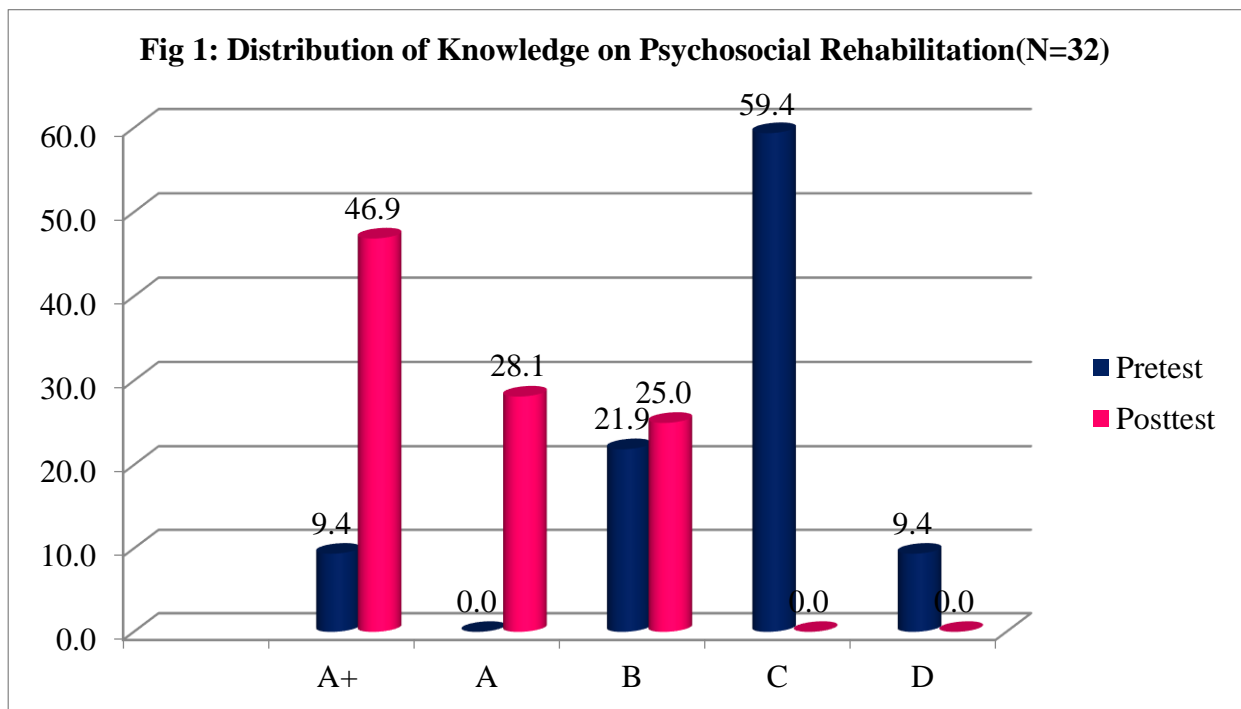
The programme started at 3 pm with the prayer song and welcome song by III-year B.Sc. Nursing students. A total of 35 members including faculties and M.Sc. Nursing students were attended the programme. Dr. Indira S, Dean and Principal NCN, Mrs. V. Jayanthi, Principal, HOD OBG Dept, SNCN and HODs of all the department lightened the lamp and inaugurated the programme. Mrs. Anjani, Asst. Professor delivered the Welcome Address. Sessions were handled by Mrs. V. Jayanthi, Principal, HOD OBG Dept, SNCN, Dr. Rajeswari, Vice Principal, HOD MHN Dept, NCN, Mrs. Smitha, Assoc. Professor, Mrs. Lalitha, Asst. Professor, Mrs. Anjani, Asst. Professor and Mrs. Suchitra, Asst. Professor.

Dr. Rajeswari, Vice Principal dealt the topic on Introduction to Psychosocial Rehabilitation and highlighted the points like importance of pre-vocational services and how to limit the disabilities through psychosocial process and services. Followed by that Mrs. V. Jayanthi, Principal, SNCN dealt with principles of rehabilitation in a detailed manner and explained aesthetically its application in rehabilitation area. Later on, Mrs. Lalitha discussed with Concepts and disability assessment in Psychosocial Rehabilitation through the explanation of WHO disability assessment scale. Models of Psychosocial Rehabilitation was dealt by Mrs. Smitha, explained in detail about the different models like Clubhouse, CSS, ACT, Clinic, IPS, Supported employment and supported education. Followed that Aspects of Psychosocial Rehabilitation was dealt by Mrs. Anjani like involvement, activities, service targets and treatment setting. Process and steps in Psychosocial Rehabilitation was presented in a methodical manner by Dr. Rajeswari, Vice Principal. The final session, Activities and skill development of Psychosocial Rehabilitation was dealt by Mrs. Suchitra and highlighted the points like various activities and daily living skill training along with social skill training. The session was enlightened with videos of psychiatric rehabilitation and recovery services.

Certificates were distributed to all the presenters in the programme. Lastly the vote of thanks was delivered by Mrs. Suchitra, Asst. Professor and the programme ended with National Anthem.

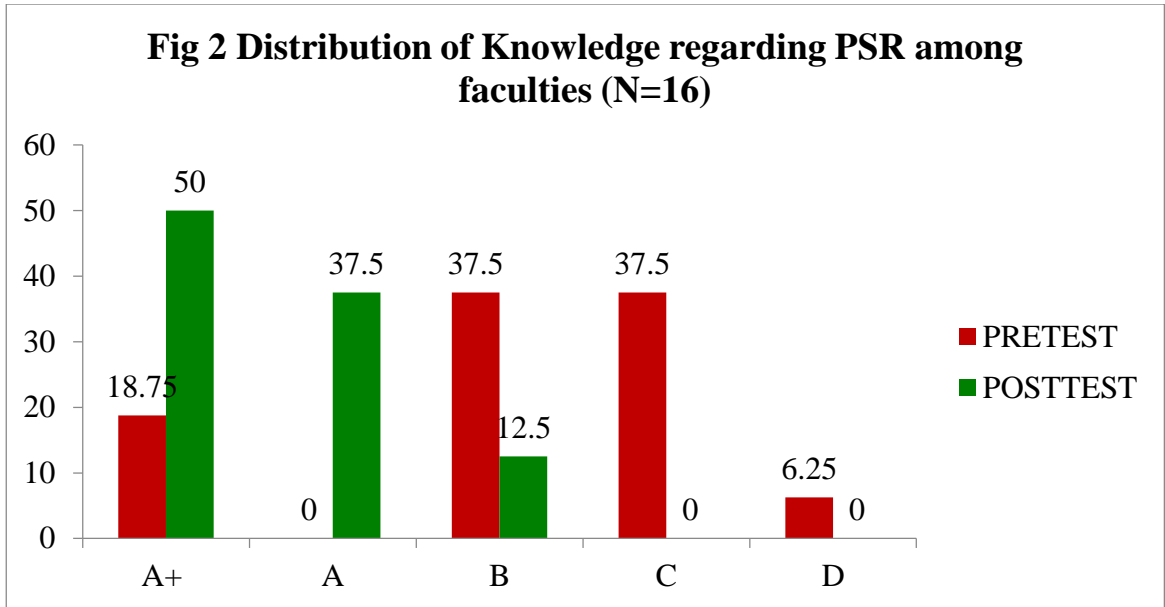
**Table 1: Frequency and Percentage Distribution of Knowledge on Psychosocial Rehabilitation (N =32)**

Grades	Pretest		Posttest	
	f	%	f	%
A+	3	9.4	15	46.9
A	0	0.0	9	28.1
B	7	21.9	8	25.0
C	19	59.4	0	0.0
D	3	9.4	0	0.0
<b>Total</b>	<b>32</b>	<b>100</b>	<b>32</b>	<b>100</b>



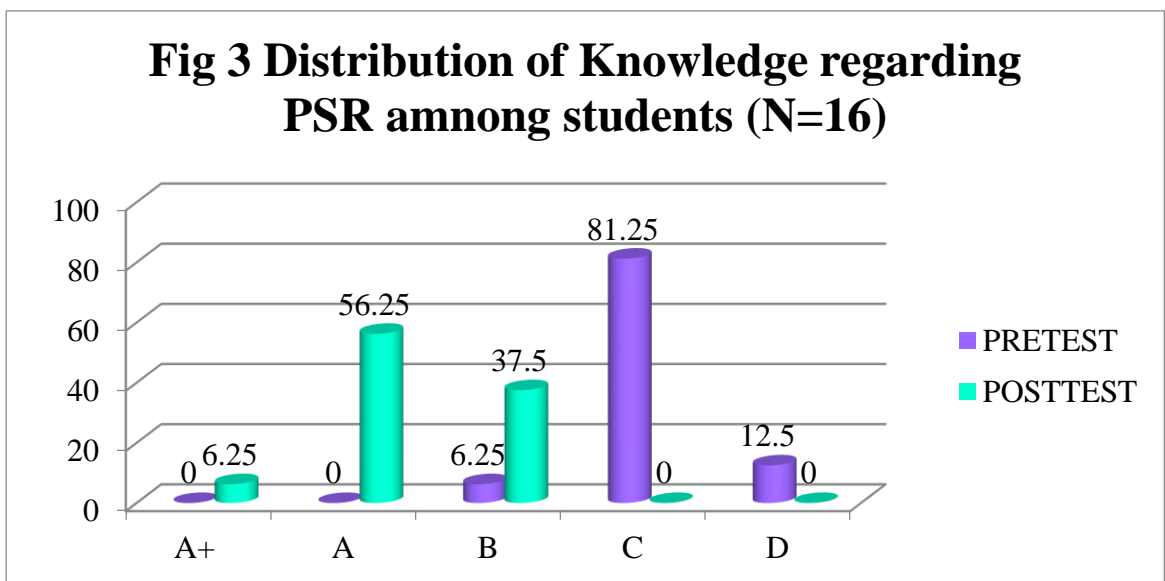
**Table 2: Frequency and Percentage Distribution of Knowledge on Psychosocial Rehabilitation among faculties (N=16)**

Grades	Pretest		Posttest	
	f	%	f	%
A+	3	18.75	8	50
A	0	0	6	37.5
B	6	37.5	2	12.5
C	6	37.5	0	0
D	1	6.25	0	0
<b>Total</b>	<b>16</b>	<b>100</b>	<b>16</b>	<b>100</b>



**Table 3: Frequency and Percentage Distribution of Knowledge on Psychosocial Rehabilitation among students (N=16)**

Grades	Pretest		Posttest	
	f	%	f	%
A+	0	0	1	6.25
A	0	0	9	56.25
B	1	6.25	6	37.5
C	13	81.25	0	0
D	2	12.5	0	0
Total	16	100	16	100



Through this faculty development programme faculties and students have enriched their knowledge on psychosocial rehabilitation which is evident from the pretest and posttest results

