

# NARAYANA COLLEGE OF NURSING CHINTHAREDDY PALEM, NELLORE

## REPORT ON INTERNATIONAL DAY FOR ELIMINATION OF VIOLENCE AGAINST WOMEN

The NSS unit of Narayana College of nursing celebrated **“International Day for Elimination of Violence against Women”** on 25.11.16. The NSS unit Program officer and NSS volunteers conducted self defense training program to the nursing students from 6am-7am at Narayana College of nursing, Nellore. Forty nursing students were trained by five NSS volunteers. NSS volunteers performed self defense skills on the aspects of protecting women from common violence faced by strangers at home and in public places. Participants re-performed self defense skills (when alone in home, travelling in auto, walking alone in road, rape attempt, general five tips of defense) and felt beneficial for attending to this training program. Certificates were distributed to the NSS volunteers and participants in the training program.

### SELF DEFENCE TRAINING BY NSS VOLUNTEERS



### RE-PERFORMANCE BY THE STUDENTS

